



**T H E F E A S T O F T H E H O L Y F A M I L Y**  
**J A N U A R Y 1 0 , 2 0 1 6**

**F**ROM ETERNITY, the Son of God had lived the family life of the HOLY TRINITY. At Nazareth, as the Redeemer of both individuals and of families, He lived and made holy the home life that guards divine life in every baptized person.

Problems of family life center mainly in personalities. But social pressures and poverty also add disturbing tensions. Happily, God made marriage a Sacrament. Through the Sacrament of Matrimony, the husband and wife communicate to each other with the special help of Christ Who is part of every Christian Marriage those special graces they need for living their enduring and sometimes difficult and challenging obligations.

God remains the third partner in every marriage, with His own inalienable rights. In the Holy Family, God Incarnate was the third member. In a Christian family, the father is the spiritual head who takes the place of Christ.

- PRELUDE  
 CHURCHING OF A MOTHER AFTER CHILD BIRTH **(STAND)**  
 ASPERGES ME *(a weekly reminder of our Baptism)* plainsong  
*(We KNEEL as the priest quietly begins the Prayers at the Foot of the Altar, pg. 8)*  
 INTROIT **(KNEEL)** *Exsultat gaudio* Proverbs 23:24, 25: Ps.83:2,3  
 KYRIE **(KNEEL, pg. 12)** *Missa Marialis* plainsong  
 GLORIA **(STAND, pg. 12)** plainsong  
 COLLECTS **(STAND)**

- EPISTLE**  
*A Christian family is a microcosm of the mystical Body of Christ. Its members are meant to be holy with the indwelling divine life. Therefore the members must respect, love, and help one another to live together happily.*  
 GRADUAL **(SIT)** Ps. 26:4; 83:5  
 ALLELUIA **(SIT)** Isa. 45:15  
**THE HOLY GOSPEL (STAND)** Luke 2:45-52  
*The wisdom of mankind's Redeemer was manifested in the Temple when He was only twelve. But He returned to ordinary family life, grew in natural knowledge, and showed outwardly His inner fullness of grace.*

- SERMON **(SIT)** Dom Theodore  
 NICENE CREED **(STAND, pg. 15)** plainsong  
 OFFERTORY VERSE **(STAND)** Luke 2:22  
 HYMN *Pleasing Saviour* Hymnal No. 117  
 "PRAY BRETHERN" Missal pg. 21  
 SECRET COLLECTS  
 SURSUM CORDA **(pg. 22)** & PREFACE OF THE EPIPHANY **(STAND, pg.25)**  
 SANCTUS & BENEDICTUS **(KNEEL, pg. 33)** plainsong  
 THE CANON OF THE MASS **(KNEEL)** Missal pg.35  
 THE LORD'S PRAYER **(STAND, pg. 44)** plainsong  
 AGNUS DEI **(KNEEL, pg. 46)** plainsong  
 PRAYER BEFORE COMMUNION Missal pg 50a  
 COMMUNION VERSE Luke 2:51

Following the reception of Holy Communion, it is proper to return to your pew, kneel, and make your **Thanksgiving after Communion**, (*Missal pg. 51 or St. Ambrose Prayer Book pg. 177*) If you have not received Holy Communion, you should make a **"Spiritual Communion"** (*St. Ambrose Prayer Book, pg. 187*). This is far more spiritually beneficial and preferable to "people-watching."

- POSTCOMMUNION COLLECT **(STAND)**  
 DISMISSAL AND BLESSING **(KNEEL)**  
 LAST GOSPEL **(STAND)** John1: 1-14  
 HYMN *Kingsfold* Hymnal No. 331  
 POSTLUDE



**A N N O U N C E M E N T S**

**W**ELCOME to all our guests and visitors. There are Service books in the pews for your use. While Holy Communion may **only be received by prepared Orthodox Christians**, our non-Orthodox guests are welcome to come forward at Communion for a blessing and the *pain benit*—blessed bread. Please fill out one of the "visitor cards" found in the pew racks and take a moment to sign our guest book in the Narthex! Please join us for Coffee Hour in the Parish Hall (*downstairs*).

Orthodox Christians **must be prepared** for Holy Communion through Sacramental Confession, fasting, prayer, and being at peace with others. A prepared person must have been to Confession recently (*frequency established by his Pastor*), have abstained from food and drink from Midnight and have attended Mass regularly. Please seek and give forgiveness before receiving Communion.

**THOSE WHO NEED OUR PRAYERS**  
 Please pray for: Cece Scott, Nils, John, Hal Ogle, Kim Peoria, Charlie Hester, Charles Rubey, Victoria & John Lopp, Megan Hines, Mark Ainsworth, the special intentions of Alexandra Eddy, Margaret Lyman, Don Clair, Lily Calderon, the Setah family in Syria, Abraham Martinez, Neville Gaggiani, Phyllis Roberts, Bob Hester, Ray Rendoff, Mary Ann Kristoff, Sue Stanko, Robert Phillips, the suffering Christians in Syria and the Middle East, Randy Ortega, Maria Palucha, Margie Palucha, Patty Ann Zubricky, Metropolitan Boulos of Aleppo, Metropolitan Mar Gregorios Yohanna Ibrahim of Aleppo, Corinne Fierkens, Kh. Angela Keiser, Nate Redman, Patty Rendoff, Aaron Rendoff, Vanessa Taylor, Jim Sanders.

THE SANCTUARY LAMPS burn this week in honour of the Feast of the Holy Family and the example they give to all Orthodox Families to indeed recall their vocation of holiness as a family and as individuals.

**Think About It:** In the first flush of its atheistic Marxist Socialism, Russia denied the necessity of marriage, established abortion centers, ridiculed fidelity and chastity as a “bourgeois virtue”: compared lust and adultery to drinking a glass of water, after which you could forget the glass in one instance, and the person in the other; introduced postcard divorces, which required only that you send a notice that you were no longer living with a certain party, and obligations thereby ceased. (*sound familiar?*) *Fulton J. Sheen*

#### THE CHURCHING OF A WOMAN AFTER CHILDBIRTH

This morning we will welcome back into the Church, **Keela Ainsworth** after giving birth to her son, **Peter Augustine!** The mother traditionally comes to church on the fortieth day after childbirth for special blessings. After the birth of her child a mother remains at home for forty days to recuperate and to care for her child. During the time of her confinement, the mother does not normally receive Holy Communion, unless she is in danger of death. The service of churching involves both the blessing of the mother and the presentation of the child to God.

In contemporary practice, it is rarely medically necessary and sometimes not even possible for the mother to remain confined in the home for forty days. Pastors must determine whether it is more important pastorally that the churching be the first thing the woman does upon leaving the home or that the churching happen on the symbolic fortieth day.

On the day of her churching, the mother comes to the temple to receive a blessing as she begins attending church and receiving the Holy Mysteries once again. The priest blesses them and says prayers for the woman and the child, gives thanks for their wellbeing and asks God's grace and blessings upon them.

#### THANK YOU!

Again we want to thank all of our parishioners for their participation in the Christmas-Epiphany festivities. This morning after Mass, we will **remove the Christmas decorations** and ask all of you to stay and help us.

#### THE ORTHODOX HOME

Hundreds of thousands of Orthodox Christians live in the United States of America. In many places, ethnic communities of Orthodox Christians may be found, usually centered around a church serving in their own liturgical language. Other Orthodox Christian immigrants and their children are scattered throughout the country and live where there are no Orthodox churches, no right-believing Orthodox churches, or even Orthodox friends. Recently, many converts to Orthodoxy have been added from life-long Americans, whose eyes have been opened to the immorality and spiritual vacuum of the materialist, secular culture in which we all live. Perhaps it is incorrect to call it a spiritual vacuum; rather, the Spirit of God is being driven out of our society, replaced by the spirits of darkness, by the powers of the prince of this world. Russian immigrants were perhaps among the earliest to recognize this development, having lived through a similar experience in their homeland. Now this transformation is becoming more and more evident to others in America.

In times of trouble, people turn (or return) to God. This homecoming may be seen in many souls who seek refuge in the Orthodox Church. But Baptism and an occasional visit to a distant parish or monastery are insufficient for **an active spiritual life**; that is, for the life of prayer, the prerequisite for true repentance and salvation. A soul needs Christian nourishment every day of the week and in every hour of the day. *Archpriest Roman Lukianov*

#### SOME UP-COMING EVENTS: MARK YOUR CALENDARS.

- **The Presentation of Our Lord and the Purification of His Mother, February 2** We will have Mass and the blessings of Candles on “Candlemas Day, Tuesday, Fr. 2 at 7pm.

- **Ash Wednesday** Orthodox Christians of the Western Rite begin the Great Lent on Wednesday, March 16 with Mass and distribution of ashes at 7:00pm.

**PICK UP YOUR CALENDARS 2016** in the Bookstore! The calendar gives all the Fasts & Feasts so that you can prepare and be aware!

**From the Holy Fathers:** The Christian who loves all people has a great reward, especially if he forgives those who do him evil. For if we do not love our neighbor, all the good works we do will be worthless. They amount to nothing; we will be worthless. Love all people. God requires love from us. *St. George Karlsides of Drama* (+1959)

**CONDOLENCES** to Regina Widhalm on the death of her friend, Sharon O’Hara. May she rest in peace.

#### A VISIT TO THE CRECHE

For centuries, it has been a tradition for individuals and families to make a “visit” to the Christmas Crèche. It is here that we commemorate, in visual (iconic) form, the birth of Emmanuel—GOD with us. Anyone who visits the Holy Land makes a visit to the Church of the Nativity and venerates “the place where the young child was.” In our churches we have the Nativity Scene displayed during the Christmastide so that we too can participate in this spiritual exercise. The lovely devotions for this are found in your ST. AMBROSE PRAYER BOOK on pg. 453.

**Wisdom from the Church Fathers:** The devil does not hunt after those who are lost. He hunts after those who are aware, those who are close to God. He takes from them trust in God and begins to afflict them with self-assurance, logic, thinking and criticism. Therefore, we should not trust our logical minds. Never believe your thought. Love simply and without thinking too much, like a child with his/her father. Faith without too much thinking works wonders. The logical mind hinders the grace of God and miracles. Practice patience without judging with the logical mind. *St. Paisios the New of Mount Athos* (+1994)

### Saint Augustine Antiochian Orthodox Christian Church

55 West Third Avenue  
Denver, Colorado 80223

Website: <http://www.staugustinedenver.org>

Right Reverend Monsignor John A. Mangels, *Pastor*

*ajamn@aol.com*

Church Phone - 303-698-2433

Pastor’s Phone - 303-832-3657

#### THIS WEEK AT SAINT AUGUSTINE’S

Monday, January 11	within the Octave of the Epiphany, <i>St. Hyginus, PM</i>	
Tuesday, Jan. 12	within the Octave of the Epiphany, <i>St. Benedict Biscop</i>	
Wednesday, Jan. 13	Octave of The Epiphany	Mass 7:00pm
Thursday, Jan. 14	St. Hilary, BCD	
Friday, Jan. 15	St. Maurus, Ab <i>abstinence</i>	
Saturday, Jan. 16	<i>St. Marcellus, PM</i>	Mass 10:00am
Sunday, Jan 17	Second Sunday after Epiphany	High Mass 10:00am

**CONFESSIONS:** *The Sacrament of Confession is available after all weekday Services, and anytime by appointment.*