



THE FOURTH SUNDAY AFTER EPIPHANY
 JANUARY 31, 2016

JESUS today is worshipped as the supreme lawgiver and ruler of His universe. All His laws for governing the association of peoples with one another are applications of the law of love. And all His governing of the universe is for the protection of the life that He gave us—both our natural life and His own divine life share with us.

Our Lord did not let the winds or the sea destroy the new hierarchy of the Church that He came to establish and to spread over the earth. He will not let anything happen that might defeat His purposes and plans. We have only to believe and to love. The growth, the strength, and the fruition of Christ's Mystical Body on earth depend on how firmly we believe in God and on how deeply we love all men as our brothers and sisters in Christ.

PRELUDE	<i>Sostenuto</i>	Aloys Clausmann
ENTRANCE OF THE CELEBRANT (STAND)		
PRAYERS AT THE FOOT OF THE ALTAR		
INTROIT (KNEEL)	<i>Adorate Deum</i>	Missal pg. 8
KYRIE (KNEEL)		Ps. 96:7-8; 1
GLORIA (STAND)		Missal pg. 12
COLLECTS (STAND)		Missal pg. 12
THE EPISTLE (SIT)		Rom. 13:8-10
	<i>In everyone's physical or spiritual need, in every offense or irritation, in every scandal or fault, Christ is saying to each Christian, "You owe me the debt of love."</i>	
GRADUAL (SIT)		Ps. 101-16-17
ALLELUIA (SIT)		Ps. 96:1
THE HOLY GOSPEL (STAND)		Matthew 8: 23-27
	<i>The Apostles, still in training, failed when their faith in Jesus was put to the test. Jesus rebuked them and worked a double miracle to save them. Though our faith be tried, we know that Jesus remains in control of His world.</i>	
SERMON (SIT)		Monsignor John Mangels
NICENE CREED (STAND)		Missal pg. 15
OFFERTORY VERSE (STAND)		Ps. 117:16, 17
	<i>We SIT while the Offering is made and the Collection taken.</i>	

OFFERTORY	<i>Adagio" from Sonata No. 1</i>	Felix Mendelssohn
SURSUM CORDA (pg. 22) & PREFACE OF THE TRINITY (pg. 23) (STAND)		
SANCTUS (KNEEL)		Missal pg. 33
THE CANON OF THE MASS (KNEEL)		Missal pg. 35
THE LORD'S PRAYER (STAND)		Missal pg. 44
AGNUS DEI (KNEEL)		plainsong
COMMUNION	<i>O Sacrum convivium</i>	Gerald Near
COMMUNION VERSE		Luke 4:22
PRAYER BEFORE COMMUNION		Missal pg. 55a

Following the reception of Holy Communion, it is proper to return to your pew, kneel, and make your **Thanksgiving after Communion**, (*Missal pg. 51 or St. Ambrose Prayer Book pg. 177*) If you have not received Holy Communion, you should make a **"Spiritual Communion"** (*St. Ambrose Prayer Book, pg. 187*). This is far more spiritually beneficial and preferable to "people-watching."

POSTCOMMUNION COLLECT (STAND)		
DISMISSAL & BLESSING (KNEEL)		
LAST GOSPEL (STAND)		John 1:1-14
PRAYERS AFTER LOW MASS		
POSTLUDE	<i>Now Praise we Christ, the Holy One</i>	J. S. Bach



ANNOUNCEMENTS

WELCOME to all our guests and visitors. There are Service books in the pews for your use. While Holy Communion may **only be received by prepared Orthodox Christians**, our non-Orthodox guests are welcome to come forward at Communion for a blessing and the *pain benit*—blessed bread. Please fill out one of the "visitor cards" found in the pew racks and take a moment to sign our guest book in the Narthex! Please join us for Coffee Hour in the Parish Hall (*downstairs*).

Orthodox Christians **must be prepared** for Holy Communion through Sacramental Confession, fasting, prayer, and being at peace with others. A prepared person must have been to Confession recently (*frequency established by his Pastor*), have abstained from food and drink from Midnight and have attended Mass regularly. Please seek and give forgiveness before receiving Communion.

THOSE WHO NEED OUR PRAYERS

Please pray for: Giselle Kheirkhahi, Cece Scott, Nils, John, Hal Ogle, Kim Peoria, Charlie Hester, Charles Rubey, Victoria & John Lopp, Megan Hines, Mark Ainsworth, the special intentions of Alexandra Eddy, Margaret Lyman, Don Clair, Lily Calderon, the Setah family in Syria, Abraham Martinez, Neville Gaggiani, Phyllis Roberts, Bob Hester, Ray Rendoff, Mary Ann Kristoff, Sue Stanko, Robert Phillips, the suffering Christians in Syria and the Middle East, Randy Ortega, Maria Palucha, Margie Palucha, Patty Ann Zubricky, Metropolitan Boulos of Aleppo, Metropolitan Mar Gregorios Yohanna Ibrahim of Aleppo, Corinne Fierkens, Kh. Angela Keiser, Nate Redman, Patty Rendoff, Aaron Rendoff, Vanessa Taylor, Jim Sanders.

THE SANCTUARY LAMPS burn in honor of in honor of Elijah's birthday (February 2 – Priscilla Sander's grandson); and in honor of Frank Slechta's birthday (February 2); Maria Palucha's birthday (February 4) A gift from Patty Rendoff.

PICK UP YOUR CALENDARS 2016 in the Bookstore! The calendar gives all the Fasts & Feasts so that you can prepare and be aware!

KING SOOPERS CARDS

We were fortunate to **make our goal** this month and received a check from King Soopers! Thanks to all of you for using your cards to benefit St. Augustin's. God bless you for your generosity.

Think about it: This is the choice before us: either try to revolutionize the world and break under it or revolutionize ourselves and remake the world. *Fulton J. Sheen*

CANDLES IN ORTHODOX WORSHIP

As we approach the Feast of the Purification of the B.V.M/Presentation of Christ in the Temple (Feb. 2) it seems as though a little catechesis on Candles in Orthodox Tradition is called for. Candles appeared in all Orthodox churches in the first centuries of our era. Eusebius of Caesarea records that during the paschal vigil such a quantity of candles were lit by the faithful that the night itself became as day. There were wax candles the sizes of which made them look like actual pillars. In answer to the accusations of the schismatic Vigilantius, who berated the Orthodox for lighting candles in their churches during daylight also, St. Jerome (342-420) says "in all Orthodox churches candles are lit during the reading of the Gospel not only so as to shed light and dispel the gloom but also to proclaim one's joy."

Over the centuries, the Orthodox candle has burnt gently and humbly and is now, as it was then, imbued with profound meaning, inalienable from our Orthodox divine services and Orthodox piety. Candles on the Altar are mandated for the celebration of the Liturgy and Offices; The Sanctuary lamp burns as a sign of Christ's Eucharistic Presence in the Tabernacle; the Paschal Candles is the symbol of the Resurrected Christ among us; Advent candles remind us of the centuries of anticipation before the coming of Christ; and the faithful light vigil candles as they pray as a sign of their prayer before God. The "sacrifice"—the amount given as an offering is used to purchase new candles.

PATRISTIC WISDOM: Only one who guards himself from all sin can have sincere and fervent faith. Faith is only preserved in the presence of good morals. *St. Nikon of Optina* (+ 1931)

EPIPHANY WATER

The Holy Water blessed for the Epiphany **is available in the Holy Water receptacle in the Narthex of the Church.** Please feel free to take some home with you. According to Orthodox doctrine, holy water has the power to sanctify and heal. Have each family member drink a small amount of the holy water from Epiphany. Keep the unused holy water in your home prayer corner for future use: times of adversity, before starting a new venture or trip, to give thanks, or when someone is ill. You may drink it or anoint yourself when you feel spiritually afflicted. To rid the house of evil spirits, it should be sprinkled in the four corners of each room. We have Holy Water Bottles available in the Book Store.

CAN YOU HELP? NEEDS A RIDE TO CHURCH...

Linda Grace, who has visited St. Augustine's many times would like to come here and be a part of our community. She is legally blind and needs a ride. Is there anyone who would be able to pick her up for Church on Sundays? She lives near the corner of South Federal Blvd and Belleview Avenue. Please let Father John know if you would be able to help in this act of charity.

Think about it: It is a sin to spend time in idleness, and therefore to neglect church services and one's obediences (directions and advice given by our spiritual father). *St. Ambrose of Milan* (+397)

UPDATES: Lily Caldaron is doing well in rehab. Please continue to keep her in your prayers. Don Clair had his heart procedure on Tuesday and he is doing very well. His heart is back in rhythm! Last week, Paulie Dole fell and broke her arm. She is doing well but will be in rehab for a couple of weeks. Her contact info is: c/o Hallmark Nursing Center, 3701 W. Radcliffe Avenue, Room 109, (303) 794-6484 (main number)

Wisdom from the Church Fathers: The Lord permits our sufferings in order that we might feel our weakness and strive more fervently towards the source of every good thing, our Creator, who gives everyone what is profitable. *St. John Maximovitch* (+1966)

SOME UP-COMING EVENTS: MARK YOUR CALENDARS.

- **The Presentation of Our Lord and the Purification of His Mother, February 2** We will have Mass and the blessings of Candles on "Candlemas Day, Tuesday, Feb. 2 at 7pm.
- **Annual Saint Blaise Day BLESSING OF THROATS** on Wednesday, February 3
- **Ash Wednesday** Orthodox Christians of the Western Rite begin the Great Lent on Wednesday, **March 16** with Mass and distribution of ashes at 7:00pm.en

From the Holy Fathers: Weep over your sin; it is a spiritual ailment; it is death to your immortal soul; it deserves ceaseless, unending weeping and crying; let all tears flow for it and sighing come forth without ceasing from the depths of your hearts. *St. Basil the Great* (+379)

Wisdom from the Church Fathers: We must remember that we should do God's will, not our own...we are simply living in this world as guests and strangers. What person placed in a foreign country would not hurry to return to his own native country?...It is an empty show of faith when there is no danger. Sufferings, struggles and adversity are what test the truth about our faith, and the tree that is deeply rooted is not swayed by the onset of storms and strong winds. *St. Cyprian* (+258)

-----*-----
Saint Augustine Antiochian Orthodox Christian Church

55 West Third Avenue

Denver, Colorado 80223

Website: <http://www.staugustinedenver.org>

Right Reverend Monsignor John A. Mangels, *Pastor*

ajamn@aol.com

Church Phone - 303-698-2433

Pastor's Phone - 303-832-3657

-----*-----
THIS WEEK AT SAINT AUGUSTINE'S

Monday, February 1	Saint Ignatius of Antioch, BM	
Tuesday, February 2	The Presentation of Our Lord in the Temple	Mass 7:00pm
Wednesday, Feb. 3	Saint Blaise, Pr.M	Mass 7:00pm
	Annual Blessing of Throats	
Thursday, Feb. 4	New Martyrs of Russia & St. Joseph of Aleppo	
Friday, Feb. 5	St. Agatha, V.M.	
	<i>abstinence</i>	
Saturday, Feb. 6	<i>St. Photius BC, St. Dorothy, VM</i>	Mass 10:00am
	<i>Vander Wall-Gowen Wedding</i>	1:00pm
Sunday, Feb. 7	Fifth Sunday after Epiphany	High Mass 10:00am

CONFESSIONS: *The Sacrament of Confession is available after all weekday Services, and anytime by appointment.*

