



QUINQUAGESIMA SUNDAY
MARCH 13, 2016

EXCITEMENT and tension are in the prayers and lessons of today's Mass. There is an appreciation of what Christ our leader will endure for mankind's redemption, and a joy at the sure outcome of His warfare with Satan. We are confident that Love will triumph.

Baptism commits everyone to carry a cross, especially the cross of consistent, unobtrusive charity. As Jesus commanded the man of Jericho to be brought to Him, so He commands His members to bring to Him those who need Him as their light and their love. We fulfill our own baptismal promises by helping others to renounce Satan and to put on Christ.

PRELUDE	<i>Quinquagesime</i>	Dom Paul Benoit
ASPERGES ME	<i>(a weekly reminder of our Baptism)</i>	plainsong
<i>(We KNEEL as the priest quietly begins the Prayers at the Foot of the Altar)</i>		
INTROIT (KNEEL)	<i>Esto mihi</i>	Ps. 30:3-4
KYRIE (KNEEL)	<i>Missa Marialis</i>	plainsong
COLLECTS (STAND)		
THE EPISTLE (SIT)		I Cor. 13:1-13
<i>God bestowed certain temporary gifts to quicken the growth of His young Church. To this day, He continues to give the gifts necessary for the spread of the Gospel. But even the extraordinary gifts that God bestows are nothing compared to the charity that is everyone's duty.</i>		
GRADUAL (SIT)		Ps. 76: 15, 16
TRACT (SIT)		Ps. 99:1-2
THE HOLY GOSPEL (STAND)		Luke 18:31-43
<i>"The blind man from birth of whom the Gospel speaks" says St. Gregory in today's Matins, "is most certainly the human race. Since its expulsion from paradise in the person of our first parents, it has known nothing of the inspirations of supernatural light." It is Jesus Christ, who by the merits of His Passion, must open its eyes as He did for the blind man.</i>		
SERMON (SIT)		Rt. Rev. Msgr. John A. Mangels
NICENE CREED (SIT)		plainsong
OFFERTORY VERSE		Ps. 118:12-13
HYMN (STAND)	<i>Bishopthorpe</i>	Hymnal No. 360 (1)
SURSUM CORDA & PREFACE OF THE TRINITY (STAND)		

SANCTUS & BENEDICTUS (KNEEL)
THE CANON OF THE MASS (KNEEL)

plainsong
Missal pg. 35

THE LORD'S PRAYER (STAND)
AGNUS DEI (KNEEL)
PRAYER BEFORE COMMUNION
COMMUNION VERSE

Missal pg. 44
plainsong
Missal pg. 50a
Ps. 77:29, 30

Following the reception of Holy Communion, it is proper to return to your pew, kneel, and make your **Thanksgiving after Communion** (*Missal pg. 51 or St. Ambrose Prayer Book pg. 177*). If you have not received Holy Communion, you should make a "**Spiritual Communion**" (*St. Ambrose Prayer Book, pg. 187*). This is far more spiritually beneficial and preferable to "people-watching."

MOTET	<i>Ave Verum corpus</i>	Don Lorenzo Perosi
POSTCOMMUNION COLLECT (STAND)		
DISMISSAL & BLESSING (KNEEL)		
LAST GOSPEL (STAND)		
HYMN	<i>Moseley</i>	John 1:1-14 Hymnal No. 457
POSTLUDE	<i>March in G</i>	Henry Smart



ANNOUNCEMENTS

WELCOME to all our guests and visitors. There are Service books in the pews for your use. While Holy Communion may **be received only by prepared Orthodox Christians**, our non-Orthodox guests are welcome to come forward at Communion for a blessing and the *pain benit*—blessed bread. Please fill out one of the "visitor cards" found in the pew racks and take a moment to sign our guest book in the Narthex! Please join us for Coffee Hour in the Parish Hall (*downstairs*).

Orthodox Christians **must be prepared** for Holy Communion through Sacramental Confession, fasting, prayer, and being at peace with others. A prepared person must have been to Confession recently (*frequency established by his Pastor*), have abstained from food and drink from Midnight and have attended Mass regularly. Please seek and give forgiveness before receiving Communion.

THOSE WHO NEED OUR PRAYERS

Please pray for: Ria Furr, Monica Enright, Amy Renee Belo, Larry Belo Jr., Del Atencio, Georgia Irene Nowlin, Nikki Tsuchiya, Jackie Huttenhoff, Paul Schroeder, Paulene Dole, Phyllis Shavlik, Giselle Kheirkhahi, Cece Scott, Charles Raines, Nils, John, Kim Peoria, Charlie Hester, Charles Rubey, Victoria Lopp, Megan Hines, Mark Ainsworth, the special intentions of Alexandra Eddy, Margaret Lyman, Don Clair, Lily Calderon, the Setah family in Syria, Abraham Martinez, Neville Gaggiani, Phyllis Roberts, Bob Hester, Mary Ann Kristoff, Sue Stanko, Robert Phillips, the suffering Christians in Syria and the Middle East, Maria Palucha, Margie Palucha, Patty Ann Zubricky, Metropolitan Boulos of Aleppo, Metropolitan Mar Gregorios Yohanna Ibrahim of Aleppo, Corinne Fierkens, Kh. Angela Keiser, Nate Redman, Aaron Rendoff, Vanessa Taylor, Jim Sanders.

TIME TO TRIM THE PRAYER LIST

EVERYONE! Please look through the prayer list and let's remove those who are no longer in need of special prayers. If people have sufficiently recovered, have died, or are no longer in need of urgent

prayer we should remove them. If the list is too long it discourages people from daily prayer for those in real need.

THE SANCTUARY LAMPS burn in thanksgiving for Fr. John Mangels, the beginning of Holy Lent and the Feast of St. Patrick. A gift from Patty Rendoff.

FROM THE FATHERS: A true friend prays to God for his friend. A true friend cares about the salvation of a friend's soul. To draw a friend from false ways and set him on the true path—that is a precious friendship. The saints of God are man's greatest friends. *St. Nikolai Velimirovich* (+1956)

LENTEN FASTING FOR ORTHODOX CHRISTIAN OF THE WESTERN RITE
All the days of Lent, save Sundays, are days of FAST. That means only one full meal a day and two small collations (snacks). On Wednesdays and Fridays we **add the discipline** of ABSTINENCE, which means no meat or meat products are to be eaten on those days. Dairy fast is not required of Western Orthodox people and all Sundays are fast and abstinence free. We should endeavor to follow the Church's guidelines throughout Lent and not "make up our own 'rules'."

HOLY LENT BEGINS THIS WEDNESDAY

Be **purposeful** about the following ascetical disciplines:

- 1) increased prayer and corporate worship; make plans for intensified personal prayer and attending Lenten Masses and other services;
- 2) fasting according to Church guidelines; don't make up your own fasting rules; seek advice from your priest about how to grow in this discipline;
- 3) budget to give alms which means setting aside money for the poor [FFHP*];
- 4) confess your sins daily in prayer, make amends with others and sacramental confession with the priest;
- 5) reduce distractions with less television and internet; avoid parties and social gatherings;
- 6) learn and grow by participating in lectures, seminars and retreats. These are some of the main pillars of the Lenten experience. If you have any questions, please contact Father John. If you find that Lent "puts you out a bit"; **that is a good thing!** Each week, in addition to Sunday Mass we offer Mass on Wednesday evenings at 7:00pm and Saturday mornings at 10:00am. Stations of the Cross are held every Friday during Lent. Don't pass up these opportunities of Lenten Worship, Devotion & Spiritual Growth.

FRIDAY LENTEN SUPPERS: before Stations of the Cross

In the past, we have had a light supper on Friday evenings in Lent before STATIONS OF THE CROSS to make it easier for people to attend. Is this something that we want to do this year? If you are interested and would like to host a simple Lenten Supper on one of the Fridays of Lent, please put your name on the sign-up sheet in the Parish Hall.

*ANNUAL FOOD FOR HUNGRY PEOPLE (FFHP)

In the spiritual tradition of the Church, it is the teaching that what one saves through fasting and abstinence during the Lenten Season should not be kept for other times, but should be given away to those who are less fortunate. We have our **Lenten Offering Boxes** available. Please take one home with you and contribute every day during Lent and bring it back on the Sunday after Easter.

- For when one has pity on the poor, he lends to God; and he who gives to the least gives to God—sacrifices spiritually to God an odour of a sweet smell. *St. Cyprian of Carthage*

Think about it: Peace is the tranquility of order—of true order. It is easy to understand why so

many minds of the last century have flocked to the authoritarianism of the Nazi, the Fascist, or the Communist in their desperation for an ordering principle. Having no true picture of reality, but recognizing the need for *some* guiding principle outside their confused, bewildered, and frustrated minds, they throw themselves into the false ordering of dictatorship—the *tyranny of relativism and the politically correct of our early 21st Century*. *Fulton J. Sheen*

COFFEE HOURS DURING LENT

As has been our custom for many years, during Lent we will follow the strict Eastern Rite Fasting practices on Sundays for Coffee Hour. This is in deference to our guests who are from the Byzantine Rite and follow those disciplines. Simplicity is what we strive after.

Think About It: Reading the Scriptures is a great safeguard against sin. Ignorance of the Scriptures is a precipice and a deep abyss. *St. Epiphanius of Cyprus* (+403)

SOME UPCOMING EVENTS: MARK YOUR CALENDARS.

- **Ash Wednesday:** Orthodox Christians of the WESTERN RITE begin the Great Lent on **Wednesday, March 16** with Mass and blessing and distribution of ashes at 7:00pm.
- **The Sunday of Orthodoxy:** March 20. The Pan-Orthodox Vespers Service will take place at Assumption Greek Orthodox Cathedral at 5:00pm.
- **Stations of the Cross:** Every Friday during Lent at 7:00pm.

Patristic Wisdom: The Lord wants to make us clean and to give us His divine power and strength. But we are not pure or cleansed of evil. Were He to give us His powers in our impure state, they would turn to black magic. *Elder Thaddeus of Vitovnica* (+2003)

The Church Fathers: Reading the Holy Scriptures is like a treasure. With a treasure, you see, anyone able to find a tiny nugget gains for himself great wealth; likewise in the case of Sacred Scripture, you can get from a small phrase a great wealth of thought and immense riches. *St. John Chrysostom* (+407)

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THIS WEEK AT SAINT AUGUSTINE'S

Monday, March 14	Pre-Lenten Feria	
Tuesday, March 15	Pre-Lenten Feria (Shrove Tuesday)	
Wednesday, March 16	ASH WEDNESDAY <i>fast and abstinence</i>	Mass 7:00pm
Thursday, March 17	<i>St. Patrick, B.C.</i> <i>fast</i>	
Friday, March 18	<i>St. Cyril of Jerusalem, BCD</i> <i>fast and abstinence</i>	Stations of the Cross 7:00pm
Saturday, March 19	St. Joseph, Spouse of the Virgin Mary <i>fast</i>	Mass 10:00am
	Anniversary of the Repose of Metropolitan Philip (2014)	
Sunday, March 20	The First Sunday in Lent	High Mass 10:00am

CONFESSIONS: *The Sacrament of Confession is available after all weekday Services, and anytime by appointment.*