



THE ELEVENTH SUNDAY AFTER PENTECOST  
 THE OCTAVE DAY OF ST. AUGUSTINE OF HIPPO  
 SEPTEMBER 4, 2016

**A**LL of us tend to seek God in proportion to our conscious needs. Before pagans can be drawn to the church, they must be convinced of the need to seek the rich doctrine, worship and ethics Christ deposited in His Church. It is not a sign of weakness to acknowledge one's own blindness and ignorance. It requires instead the strength of truth and the vitality of humility to come to God asking for the light of faith. For only God can reveal the sweep of His own power. Only God, through His apostles, can help the world's millions penetrate the meaning of the Gospels, of Christ's death and resurrection. Through Christian truth, all peoples may learn the truth of their own worth and dignity.

- PRELUDE "Andante religioso" from "Sonata No. 4" F. Mendelssohn  
 ENTRANCE OF THE CELEBRANT (STAND)  
 PRAYERS AT THE FOOT OF THE ALTAR (KNEEL, making the responses.) Missal pg. 8  
 INTROIT (KNEEL) Deus in loco Ps. 67:6-7, 36  
 KYRIE (KNEEL) Missal pg. 12  
 GLORIA (STAND) Missal pg. 12  
 COLLECTS (STAND)  
 THE EPISTLE (SIT) I Cor. 15:1-10  
*Every Christian is privileged to hold fast, and to announce to others, the good news of the key miracle and mystery: the fact that Christ after dying for mankind, rose again from the dead. Those who spread the tidings of the Saviour's resurrection have as their inspiration, St. Paul, the Apostle to the Gentiles.*  
 GRADUAL Ps. 27:7, 1  
 ALLELUIA Ps. 80:2-3  
 THE HOLY GOSPEL (STAND) Mark 7:31-37  
*As Christ loosed the tongue and opened the ears of the deaf-mute, so He continues, through the Sacrament of Baptism, to open hearts to grace, loosen tongues to sing His praise and preach His Gospel.*  
 SERMON (SIT) Monsignor John Mangels

- NICENE CREED (STAND) Missal pg. 15  
 OFFERTORY VERSE Ps. 29:2-3  
 (It is proper to sit while the offering is made standing at the *SURSUM CORDA*.)  
 OFFERTORY "Sursum corda" J. Ireland  
 "PRAY BRETHERN" Missal pg. 21  
 SECRET COLLECTS  
 SURSUM CORDA (pg. 22) & PREFACE OF APOSTLES (STAND pg. 31)  
 SANCTUS & BENEDICTUS (KNEEL pg. 33)  
 THE CANON OF THE MASS (KNEEL) Missal pg. 35  
 THE LORD'S PRAYER (STAND) Missal pg. 44  
 AGNUS DEI (KNEEL) Missal pg. 46  
 PRAYER BEFORE COMMUNION Missal pg. 50a  
 COMMUNION "Sostenuto" A. Claussmann  
 COMMUNION VERSE Proverbs 3:9-10

Following the reception of Holy Communion, it is proper to return to your pew, kneel, and make your **Thanksgiving after Communion** (Missal, pg. 51 or St. Ambrose Prayer Book, pg. 177). If you have not received Holy Communion, you should make a "Spiritual Communion" (St. Ambrose Prayer Book, pg. 187). This is far more spiritually beneficial and preferable to "people-watching."

- POSTCOMMUNION COLLECT (STAND)  
 DISMISSAL AND BLESSING (KNEEL)  
 LAST GOSPEL (STAND) Matt. 1:1-16  
 PRAYERS AFTER LOW MASS (KNEEL)  
 POSTLUDE "Allegro" J.-M. Plum



## ANNOUNCEMENTS

**W**ELCOME to all our guests and visitors this morning. There are Service Books in the pews for your use. While Holy Communion may **only be received by prepared Orthodox Christians**, our non-Orthodox guests are welcome to come forward at Communion for a blessing and the *pain benit*—blessed bread. Please fill out one of the "visitor cards" found in the pew racks and take a moment to sign our guest book in the Narthex! Please join us for Coffee Hour in the Parish Hall (*downstairs*).

Orthodox Christians **must be prepared** for Holy Communion through Sacramental Confession, fasting, prayer, and being at peace with others. A prepared person must have been to Confession recently (*frequency established by his Pastor*), have abstained from food and drink from Midnight and have attended Mass regularly. Please seek and give forgiveness before receiving Communion.

### THOSE WHO NEED OUR PRAYERS

Please pray for: Tammy Hurtado, Margaret Dudley, Myra Gaither, Clair Emmons, Patrice Prothro, Joe Valdez, Priscilla Sanders, John Kuzma, Stan Wallace, Traudel Schroad Gunter, Sarah Jerome, John May, Larry Stokes, Ria Furr, Monica Enright, Jackie Huttenhoff, Paul Schroeder, Phyllis Shavlik, Cece Scott, Charles Raines, Megan Hines, Margaret Lyman, Lily Calderon, Abraham Martinez, Neville Gaggiani, Phyllis Roberts, Sue Stanko, Robert Phillips, the suffering Christians in Syria and the Middle East, Maria Palucha, Margie Palucha, Metropolitan Boulos of Aleppo, Metropolitan Mar Gregorios Yohanna Ibrahim of Aleppo, Corinne Fierkens, Kh. Angela Keiser, Nate Redman, Aaron Rendoff, Vanessa Taylor, Jim Sanders.

**Think About It:** The friend of silence comes close to God. *St. John Climacus* (+606)

### CHURCH PICNIC

Our profound thanks to Eric, Joy and Serena Jerome for hosting us at their lovely home for our Annual Picnic. Thanks to all who participated in the food, fellowship and fun!

### CONGRATULATIONS, FATHER GEORGE!

Our dear friend, Father George Shwareb of St. Elias in Arvada is being elevated to the rank and dignity of Archpriest today. His Grace Bishop Basil will be officiating at the Hierarchical Divine Liturgy at which Father George will receive the pectoral Cross and the title and style: "Very Reverend." AXIOS! He is worthy! Dignus est!

**Think About It:** Kindness softens and opens up the heart, just as oil opens a rusty lock. *St. Paisios the New of Mt. Athos* (+1994)

**SANCTUARY LAMPS** burn this week for the health and welfare of Mary Beth Flory (birthday – September 2), John & Colleen Fiscus (first year anniversary – September 6), and in memory of "Chuck" Dole (2<sup>nd</sup> year memorial – September 6). A gift from Patty Rendoff.

### KING SOOPERS GIFT CARDS

Many thanks to all of you for your participation in this program. It has been such a blessing for our Parish. If you have yet to participate, please see Debbie Braun or Mary Beth Flory. They will get you going! **We made our goal again this month!** Let's work hard to do it every month!

**The Church Fathers Speak:** It is better to be a disciple of a disciple than to live according to your own will. In the writings of the holy fathers they talk about this. It is not shameful to obey the advice of your spiritual father, but rather salvific and indispensable; and he who does not listen to good advice will be punished. *St. Ambrose of Optina* (+1891)

"**DRAGON HART**" a new book by our parishioners Eric and Serena Jerome has just been released! We have a few copies in the Bookstore and you can get your copy also from Amazon.com and Empowerparadigm.com. Congratulations to our parishioners and we all look forward to reading it! Maybe we can have a special book signing!! (*see poster in the Parish Hall*)

**Patristic Wisdom:** People have to forget the evil that has been done to them. The evil preserved in man's thought grows in his mind and poisons his soul, making his life difficult...Everything is a precious gift. *Elder Justin Parvu of Romania* (+2013)

**Think about it:** Doesn't everyone have the right to his own conscience? CONSCIENCE is NOT the same as your opinion or feelings. Conscience cannot be identical with your feelings because conscience is the activity of your *intellect* in judging the rightness or wrongness of your actions or omissions, past, present, or future, while your *feelings* should be governed by your intellect and will. Conscience is not identical with your opinions because your intellect bases its judgment upon the natural moral law, which is inherent in your human nature and is identical with the Ten Commandments. Unlike the civil laws made by legislators, or the *opinions* that you hold, the natural moral law is not anything you *invent*, but rather *discover* within yourself and is the governing norm of your conscience. In short, conscience is the **voice of truth** within you, and your opinions need to be in harmony with that truth. This is the goal of correctly informing and properly forming your conscience.

So how do I get my conscience to be correctly informed and properly formed? As an Orthodox Christian, you have the benefit of the Church's teaching authority which was given to her by Christ. The Church assists us and all people of good will in the understanding of the natural moral

law as it relates to specific issues. As an Orthodox Christian, you have the obligation to be *correctly informed* by the teaching of the Church in conformity with the Holy Scriptures; as for your *feelings*, the need to be *properly formed* by virtue so as to be in harmony with the conscience's voice of truth. In this way, you will have a **sound conscience**, according to which you will feel guilty when you are guilty, and feel morally upright when you are morally upright. We should strive to avoid the two opposite extremes of a **lax conscience** and a **scrupulous conscience**. Meeting the obligation of continually attending to this formation of conscience will increase the likelihood that, in the actual operation of activity of conscience, you will act with a certain conscience, which clearly perceives that a given concrete action is a good action that was rightly done or should be done. **Being correctly informed and certain in the actual operation of conscience** is the goal of the continuing formation of conscience. Otherwise put, you should strive to avoid being incorrectly informed and doubtful in the actual judgment of conscience about a particular action or omission. You should never act on a doubtful conscience.



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### THIS WEEK AT SAINT AUGUSTINE'S

Monday, Sept. 5	<i>feria</i>	
Tuesday, Sept. 6	<i>feria</i>	
Wednesday, Sept. 7	<i>feria</i>	Mass 7:00pm
Thursday, Sept. 8	Nativity of the Mother of God	
Friday, Sept. 9	<i>St. Gorgonius, M</i> <i>abstinence</i>	
Saturday, Sept. 10	Saturday of Our Lady	Mass 10:00am
Sunday, Sept. 11	The Twelfth Sunday after Pentecost	High Mass 10:00am

**CONFESSIONS:** *The Sacrament of Confession is available after all weekday Services, and anytime by appointment.*



#### SAINT AUGUSTINE'S:

- *the historic Church*
- *living the historic Faith*
- *in historic Baker Neighborhood!*

*"...and the disciples were called Christian first at Antioch." Acts 11:26*