



THE THIRTEENTH SUNDAY AFTER PENTECOST
SEPTEMBER 18, 2016

GOD promised and gave to His people the country of Palestine. That land stood for all the blessings that God promises and gives to those who sincerely believe in Christ.

The obvious endurance and influence of Christ's Church is proof that God is keeping His promise. Every good Christian, every saint and martyr, every doctrine and directive, every least Christian kindness, and above all, every Mass, in which Christ mystically seals God's promise with His Blood—all these are the work of God keeping His promises. Daily thanks are due to Him.

- PRELUDE *Largo* A. Vivaldi/arr. G. Near plainsong
 ASPERGES ME *(a weekly reminder of our baptismal vows. Pg.4)* plainsong
(We KNEEL as the priest quietly begins the Prayers at the Foot of the Altar. Pg.8)
 ALTAR *(KNEEL, making the responses.)* Missal pg. 8
 INTROIT *(KNEEL)* *Respice, Domine* Ps. 73:20, 19, 23, 1
 KYRIE *(KNEEL)* *Missa de Angelis* plainsong
 GLORIA *(STAND)* plainsong
 COLLECTS *(STAND)*
 THE EPISTLE *(SIT)* Gal. 3:16-22
The Covenant given through Moses as a mediator was a bilateral, temporary agreement, conditioned upon Hebrew fidelity. The promise to Abraham—of a homestead, of numerous descendants, and a Saviour—was gratuitous, unilateral, unconditional, and permanent. Christ did come.
 GRADUAL Ps. 73: 20, 19, 22
 ALLELUIA Ps. 89:1
 THE HOLY GOSPEL *(STAND)* Luke 17:11-19
The cure of the ten lepers was a free gift from Christ; and it was a deep hurt to His heart that only one leper showed gratitude. Everyone, endlessly blessed by God each day, should daily thank God, both by private prayer and through the Mass.
 SERMON *(SIT)* Monsignor John Mangels
 NICENE CREED *(STAND)* plainsong
 OFFERTORY VERSE Ps. 30:15-16
 HYMN *(STAND)* *Durham* Hymnal No. 297

- “PRAY BRETHREN” Missal pg. 21
 SECRET COLLECTS
 SURSUM CORDA *(pg. 22)* & PREFACE OF THE HOLY TRINITY *(STAND, pg. 23)*
 SANCTUS & BENEDICTUS *(KNEEL, pg. 33)* plainsong
 THE CANON OF THE MASS *(KNEEL)* Missal pg. 35
 THE LORD’S PRAYER *(STAND)* Missal pg. 44
 AGNUS DEI *(KNEEL)* plainsong
 PRAYER BEFORE COMMUNION Missal pg. 50a

Following the reception of Holy Communion, it is proper to return to your pew, kneel, and make your **Thanksgiving after Communion** *(Missal, pg. 51 or St. Ambrose Prayer Book, pg. 177)*. If you have not received Holy Communion, you should make a **“Spiritual Communion”** *(St. Ambrose Prayer Book, pg. 187)*. This is far more spiritually beneficial and preferable to “people-watching.”

- COMMUNION VERSE Wisdom 16:20
 COMMUNION MOTET *Ave verum Corpus* Don Lorenzo Perosi
 POSTCOMMUNION COLLECT *(STAND)*
 DISMISSAL AND BLESSING *(KNEEL)*
 LAST GOSPEL *(STAND)* John 1:1-14
 RECESSIONAL HYMN *Doncaster* Hymnal No. 293
 POSTLUDE *Prelude & Fugue in C* J. S. Bach



ANNOUNCEMENTS

WELCOME to all our guests and visitors this morning. There are Service Books in the pews for your use. While Holy Communion may **be received only by prepared Orthodox Christians**, our non-Orthodox guests are welcome to come forward at Communion for a blessing and the *pain benit*—blessed bread. Please fill out one of the “visitor cards” found in the pew racks and take a moment to sign our guest book in the Narthex! Please join us for Coffee Hour in the Parish Hall *(downstairs)*.

Orthodox Christians **must be prepared** for Holy Communion through Sacramental Confession, fasting, prayer, and being at peace with others. A prepared person must have been to Confession recently *(frequency established by his Pastor)*, have abstained from food and drink from Midnight and have attended Mass regularly. Please seek and give forgiveness before receiving Communion.

THOSE WHO NEED OUR PRAYERS

Please pray for: Tammy Hurtado, Margaret Dudley, Myra Gaither, Clair Emmons, Patrice Prothro, Joe Valdez, Priscilla Sanders, John Kuzma, Stan Wallace, Traudel Schroad Gunter, Sarah Jerome, John May, Larry Stokes, Ria Furr, Monica Enright, Jackie Huttenhoff, Paul Schroeder, Phyllis Shavlik, Cece Scott, Charles Raines, Megan Hines, Margaret Lyman, Lily Calderon, Abraham Martinez, Neville Gaggiani, Phyllis Roberts, Sue Stanko, Robert Phillips, the suffering Christians in Syria and the Middle East, Maria Palucha, Margie Palucha, Metropolitan Boulos of Aleppo, Metropolitan Mar Gregorios Yohanna Ibrahim of Aleppo, Corinne Fierkens, Kh. Angela Keiser, Nate Redman, Aaron Rendoff, Vanessa Taylor, Jim Sanders.

Think About It: If love is long-suffering and kind (1 Cor. 13:4), a man who is contentious and malicious clearly alienates himself from love. And he who is alienated from love is alienated from God, for God is love. *St. Maximos the Confessor (+662)*

THE SANCTUARY LAMPS burn this week to God's honour and glory and for the health and welfare of those who celebrate birthdays & anniversaries in September and October. A gift from Patty Rendoff.

THE FALL EMBER DAYS—this week

Ember days (corruption from Latin, *Quatuor Tempora*, four times) are the days at the beginning of the seasons ordered by the Church as days of fast and abstinence. They occur the Wednesday, Friday, and Saturday after 13 December (S. Lucia), after Ash Wednesday, after Whitsunday, and after 14 September (Exaltation of the Cross). The purpose of their introduction, besides the general one intended by all prayer and fasting, was to thank God for the gifts of nature, to teach men to make use of them in moderation, and to assist the needy. **It is an excellent opportunity for self-examination and confession.**

IS THE SACRAMENT OF CONFESSION ESSENTIAL?

It is a commonly held personal belief (actually a Protestant belief) that Confession with a Priest is not necessary. "Why must I confess to a Priest...I tell God in private?" First it is very important to understand that we Orthodox do NOT confess "to" the Priest. We confess TO God **in the presence of** the Priest. The Priest is both a representative of the whole Church and a witness to the true condition of repentance in us, that we truly desire to be reconciled to God. Next, the Scripture tells us to confess: St. James' Epistle says to "Confess your sins one to another." Also, the Gospel tells us that St. John the Baptist was baptizing people as they were "confessing their sins." King David confessed (to murder and adultery) **in the presence** of Nathan the Prophet (and only after being confronted by him).

There are other reasons that the Church has always had a "public" form of Confession. (In the early Church, sins were confessed publicly—out loud—to the whole church gathering before the Eucharist began on Sunday morning).

- a. God already knows our sins...confession to God is not really confession properly speaking. We should however confess our sins to God daily...this is part of repentance.
- b. Telling our sin to another person makes it "real." How many times have we only finally gotten relief for a guilty conscience after confessing out loud? Most of us realize that when we have a problem we need to talk to someone, we need to get things "off our chest."
- c. We often need help and encouragement to confess and face our sins. Most of us recognize the value of going to a psychologist or counselor in order to figure out our attitudes and behaviors.
- d. Confession makes us accountable. If we confess to God privately, but have not declared our sin to someone else, there is much less sense of accountability. It's much easier to repeat our sin. For this reason it has been "popular" off-and-on in Protestant circles to have "accountability partners"...people with whom you "confess" and who encourage you to remain faithful.
- e. God ACTS in Confession. Confession is a Sacrament by which and in which GOD acts. In every Sacrament of the Church GOD acts. He does so "through" the Priest, the successor of the Apostles, who has the responsibility to guard the Faith, to preserve the integrity of the Church and the souls of Christians. Remember after His Resurrection He said to the Apostles: "Whose soever sins ye remit they are remitted, and whose soever sins ye retain, they are retained." He says in another place, "Whatever sins ye remit they are remitted in heaven."
- f. The Grace of God is given in Confession. There is an incredible and undeniable power and Grace in Confession. The Sacrament is more than what we might see with our eyes. A drinking fountain that is not being used does not look refreshing. But turn the knob and water gushes forth. It is the same with Confession. Great Grace is imparted to **those who take advantage** of this Sacrament. Some remarkable and extraordinary "miracles" have been known to happen in Confession...miracles of release from burdens, epiphanies, something said which pierces the heart and effects change, etc. It is not so much that God gives the "authority" to the Priest. Rather, He

works in His Church through His Priests. His grace and power are available and accessible in and through the Church, Her prayers, Her teachings, Her whole life and atmosphere.

"DRAGON HART" a new book by our parishioners Eric and Serena Jerome has just been released! We have a few copies in the Bookstore and you can get your copy also from Amazon.com and Empowerparadigm.com. Congratulations to our parishioners and we all look forward to reading it! Maybe we can have a special book signing!! (see poster in the Parish Hall)

Wisdom from the Church Fathers: This is our festival, that we celebrate God coming to mankind that mankind might go back to God our Father. Off with the old human nature, on with the new! Once dead in Adam, now alive in Christ! Born with Christ, crucified with Christ, buried with Christ, risen with Christ! **St. Gregory the Theologian** (+390AD)

COFFEE HOUR HOSTS

Thanks to all of our Coffee Hour hosts. It is just wonderful that we have so many participating in this ministry of hospitality to our brothers and sisters and guests. Please sign up for the September Sundays!

Patristic Wisdom: Do not think that the Lord has abandoned you. No! He is always with you and invisibly sustains you, even when you forget Him. He will not burden you with trials beyond your capacity. Fear nothing, but with total humility and devotion bear your cross and pray. He is the gentlest of fathers. If He allows you to be tempted it is to remind you of your feebleness and completely cleanse your heart from pride, where He intends to reside with His Son and Holy Spirit. **St. Innocent of Alaska** (+1879)



Saint Augustine Antiochian Orthodox Christian Church

55 West Third Avenue
Denver, Colorado 80223

Website: <http://www.staugustinedenver.org>

Right Reverend Monsignor John A. Mangels, *Pastor*

ajammn@aol.com

Church Phone - 303-698-2433

Pastor's Phone - 303-832-3657



THIS WEEK AT SAINT AUGUSTINE'S

Monday, September 19	St. Januarius & Comp, Mm	
Tuesday, September 20	St. Eustace & Comp. Mm	
Wednesday, September 21	St. Matthew, Ap. & Ev. / Ember Wednesday	Mass 7:00pm
	<i>fast & abstinence</i>	
Thursday, September 22	St. Maurice & Comp, Mm	
Friday, September 23	Ember Friday in September	Mass 6:00pm
	<i>fast & abstinence</i>	
Saturday, September 24	Ember Saturday in September	Mass 10:00am
	<i>fast & abstinence</i>	
Sunday, September 25	The Fourteenth Sunday after Pentecost	Mass 10:00am

CONFESSIONS: *The Sacrament of Confession is available after all weekday Services, and anytime by appointment.*

