



THE FOURTEENTH SUNDAY AFTER PENTECOST
SEPTEMBER 25, 2016

GOD made the human body sacred and beautiful, the procreator with God of new life, the instrument by which Christ redeemed all mankind, the essential implement of zealous apostles, the very temple of the Trinity, destined to be resurrected and glorified. On earth, however, the body is not to be idolized or pampered, not to be served as a domineering tyrant. Left to itself, each bodily instinct seeks its own satisfaction, often to the harm of the whole person. Restraint controls the body and frees the soul for joy in living Christian ideals.

PRELUDE	<i>Modéré</i>	Andre Fleury
ASPERGES ME	<i>(a weekly reminder of our baptismal vows. Pg.4)</i>	plainsong
INTROIT (KNEEL)	<i>Protector noster</i>	Ps. 83:10-11
	<i>(We KNEEL as the priest quietly begins the Prayers at the Foot of the Altar. Pg.8)</i>	
KYRIE (KNEEL)	<i>Missa de Angelis</i>	plainsong
GLORIA (STAND)		plainsong
COLLECTS (STAND)		
THE EPISTLE (SIT)		Gal. 5:16-24
	<i>When a man sins and rebels against God, his own instincts rebel against reason. Only by denying unlawful pleasure does he conquer himself and become fully human and happily Christian.</i>	
GRADUAL		Ps. 117:8-9
ALLELUIA		Ps. 94:1
THE HOLY GOSPEL (STAND)		Matt. 6:24-33
	<i>Jesus does not exclude thoughtful planning and regular saving for the future. He condemns only distracting anxiety that judges God to be a poor provider. But if God provides the body and its life, He will also grant the gifts of food and shelter.</i>	
SERMON (SIT)		Dom Theodore
NICENE CREED (STAND)		plainsong
OFFERTORY VERSE		Ps. 33:8-9
HYMN (STAND)	<i>Almsgiving</i>	Hymnal No. 305
“PRAY BRETHERN”		Missal pg. 21
SECRET COLLECTS		
SURSUM CORDA (pg. 22) & PREFACE OF THE HOLY TRINITY (STAND, pg. 23)		
SANCTUS & BENEDICTUS (KNEEL, pg. 33)		plainsong

THE CANON OF THE MASS (KNEEL)
THE LORD’S PRAYER (STAND)
AGNUS DEI (KNEEL)
PRAYER BEFORE COMMUNION

Missal pg. 35
Missal pg. 44
plainsong
Missal pg. 50a

Following the reception of Holy Communion, it is proper to return to your pew, kneel, and make your **Thanksgiving after Communion** (*Missal, pg. 51 or St. Ambrose Prayer Book, pg. 177*). If you have not received Holy Communion, you should make a **“Spiritual Communion”** (*St. Ambrose Prayer Book, pg. 187*). This is far more spiritually beneficial and preferable to “people-watching.”

COMMUNION VERSE		Matt. 6:33
COMMUNION MOTET	<i>O Salutaris Hostia</i>	plainsong
POSTCOMMUNION COLLECT (STAND)		
DISMISSAL AND BLESSING (KNEEL)		
LAST GOSPEL (STAND)		John 1:1-14
RECESSIONAL HYMN	<i>Langham</i>	Hymnal No. 532
POSTLUDE	<i>Alegretto Penoso, Op. 14</i>	Edward Elgar



ANNOUNCEMENTS

WELCOME to all our guests and visitors this morning. There are Service Books in the pews for your use. While Holy Communion may **be received only by prepared Orthodox Christians**, our non-Orthodox guests are welcome to come forward at Communion for a blessing and the *pain benit*—blessed bread. Please fill out one of the “visitor cards” found in the pew racks and take a moment to sign our guest book in the Narthex! Please join us for Coffee Hour in the Parish Hall (*downstairs*).

Orthodox Christians **must be prepared** for Holy Communion through Sacramental Confession, fasting, prayer, and being at peace with others. A prepared person must have been to Confession recently (*frequency established by his Pastor*), have abstained from food and drink from Midnight and have attended Mass regularly. Please seek and give forgiveness before receiving Communion.

THOSE WHO NEED OUR PRAYERS

Please pray for: Tammy Hurtado, Margaret Dudley, Clair Emmons, Patrice Prothro, John Kuzma, Stan Wallace, Traudel Schroad Gunter, Sarah Jerome, John May, Larry Stokes, Ria Furr, Monica Enright, Jackie Huttenhoff, Paul Schroeder, Phyllis Shavlik, Cece Scott, Charles Raines, Megan Hines, Margaret Lyman, Lily Calderon, Abraham Martinez, Neville Gaggiani, Phyllis Roberts, Sue Stanko, Robert Phillips, the suffering Christians in Syria and the Middle East, Maria Palucha, Margie Palucha, Metropolitan Boulos of Aleppo, Metropolitan Mar Gregorios Yohanna Ibrahim of Aleppo, Kh. Angela Keiser, Nate Redman, Aaron Rendoff, Vanessa Taylor, Jim Sanders.

Think About It: Do not say, "this happened by chance, while this came to be of itself." In all that exists there is nothing disorderly, nothing indefinite, nothing without purpose, nothing by chance ... How many hairs are on your head? God will not forget one of them. Do you see how nothing, even the smallest thing, escapes the gaze of God? *St. Basil the Great*

THE SANCTUARY LAMPS burn this week to God’s honour and glory and for the health and welfare of the following: Priscilla Sanders (birthday – September 28), Regina Widhalm (birthday – September 29), Ray & Patty Rendoff (43rd anniversary – September 29), Margie Palucha (birthday – September 30). A gift from Patty Rendoff.

CHURCH SCHOOL FOR YOUTH

We are very grateful to Dr. mark Flory who has graciously volunteered to do classes for our young people beginning this morning at 9:00am. We invite our parents to make sure that their children are on time and attend.

The Church Fathers Speak: The person who cannot endure for the sake of Christ a physical death, should be at least willing to endure death spiritually. Then he will be a martyr with respect to conscience, in that he does not submit to the demons that assail him, or to their purposes, but conquers them as did the holy martyrs and fathers of the Church. The first were bodily martyrs, the latter spiritual martyrs. By putting forth some effort one defeats the enemy but by even a little negligence one is filled with darkness and destroyed. *St. Peter of Damascus* (12th cent.)

WELCOME!

We are delighted to welcome the Right Reverend Daniel Keller to St. Augustine's this morning. Father Dan has ben with us many times and it is always a joy to have him with us. Father serves as the Dean for the Western Rite Parishes in this part of the country.

OCTOBER: THE MONTH OF THE HOLY ROSARY

The Month of October has traditionally, in the West, been dedicated to the Holy Rosary. For many years, the Rosary has been recited corproally on the Saturdays (after Mass) of October. This devotion to the Mother of God is Scripturally based and helps us to meditate on the events of the lives of Our Lord and His Holy Mother. We hope you join us beginning Saturday, October 1st following the morning Mass.

“DRAGON HART” a new book by our parishioners Eric and Serena Jerome has just been released! We have a few copies in the Bookstore and you can get your copy also from Amazon.com and Empowerparadigm.com. Congratulations to our parishioners and we all look forward to reading it! Maybe we can have a special book signing!! (see poster in the Parish Hall)

Wisdom from the Church Fathers: What keeps grace in the soul more than anything else? Humility. What makes it withdraw more than anything else? Feelings of pride, a high opinion of oneself, self-reliance. Grace departs as soon as it senses this evil stench of inner pride. *St. Theophan the Recluse* (+1894)

OCTOBER: ORTHODOX SEMINARY MONTH

Traditionally, throughout the Month of October, we take a SECOND OFFERING for the support of the Orthodox Schools of Theology in this country where our future priests and leaders are trained. Thank you in advance for your kind support of our Seminaries! Please earmark your contribution “Seminaries” so that it goes to the right place.

COFFEE HOUR HOSTS

Thanks to all of our Coffee Hour hosts. It is just wonderful that we have so many participating in this ministry of hospitality to our brothers and sisters and guests. Please sign up for the October Sundays!

Patristic Wisdom: Some say they are atheists, but there is no such thing as an atheist. Even the devil believes and trembles (James 2:19), but he refuses to do good. There is no rational being that does not long after life with all their heart, especially eternal life. We complicate our lives with negative thoughts. *Elder Thaddeus of Vitovnica* (+2003)



Saint Augustine Antiochian Orthodox Christian Church

55 West Third Avenue
Denver, Colorado 80223

Website: <http://www.staugustinedenver.org>

Right Reverend Monsignor John A. Mangels, *Pastor*
ajammn@aol.com

Church Phone - 303-698-2433

Pastor's Phone - 303-832-3657



THIS WEEK AT SAINT AUGUSTINE'S

Monday, September 26	feria, <i>St. Cyprian & Justina, Mm</i>	
Tuesday, September 27	feria, <i>Ss Cosmas & Damian, Mm</i>	
Wednesday, September 28	feria, <i>St. Wenceslaus, DM</i>	Mass 7:00pm
Thursday, September 29	The Dedication of St. Michael the Archangel	
Friday, September 30	St. Jerome, Pr,C, D, <i>St Gregory of Armenia, BC</i> <i>abstinence</i>	
Saturday, October 1	St. Remigius, BC <i>Recitation of the Holy Rosary following Mass</i>	Mass 10:00am
Sunday, October 2	The Fifteenth Sunday after Pentecost	High Mass 10:00am

CONFESSIONS: *The Sacrament of Confession is available after all weekday Services, and anytime by appointment.*

