



**THE SANCTUARY LAMPS** are offered for the health and welfare of Marian Rubey (birthday on February 10). A gift from Patty Rendoff.

#### UP-COMING EVENTS

- Sunday, February 12<sup>th</sup>, Septuagesima Sunday, the beginning of Pre-Lent
- Wednesday, March 1<sup>st</sup>: Ash Wednesday, the beginning of Orthodox Lent
- Orthodox Easter: April 16<sup>th</sup>

#### "FAREWELL TO THE ALLELUIA"

With our final hymn today (*Dulce Carmen*) we say farewell to the ancient festive Hebrew word, *alleluia*, meaning praise to the Lord. Next Sunday is Septuagesima Sunday (70 days before Easter) and as we begin our preparations for the Holy Season of Lent we "bury" the *alleluia* which will again be joyfully announced at the Great Vigil of Easter on Holy Saturday.

#### BLESSING OF THROATS

For those who were unable to come to Church on the Feast of St. Blaise, today after Mass we will have the blessing for all those who desire it. Saint Blaise, who had studied philosophy in his youth, was a doctor in Sebaste in Armenia, the city of his birth, who exercised his art with miraculous ability, good will, and piety. When the bishop of the city died, he was chosen to succeed him, with the acclamation of all the people. His holiness was manifest through many miracles: from all around, people came to him to find cures for their spirit and their body; even wild animals came in herds to receive his blessing. In 316, Agricola, the governor of Cappadocia and of Lesser Armenia, having arrived in Sebastia at the order of the emperor Licinius to kill the Christians, arrested the bishop. As he was being led to prison, a mother set her only son, choking to death of a fish-bone, at his feet, and the child was cured straight away. (It is from this miracle that St. Blaise is known as the patron of throat ailments and his yearly blessing sought by the faithful on this feast day.) Regardless, the governor, unable to make Blaise renounce his faith, beat him with a stick, ripped his flesh with iron combs, and beheaded him.

#### THANK YOU

We want to thank Mackenzie Talley and Jeff McClendon who join Trish and Neville Gaggiani and Frank Slechta providing the beautiful Liturgical Music for the last Sunday after Epiphany. Also we want to thank Dom Theodore for serving as Deacon of the Mass today and Sub-deacon Lyle (from St. Columba's Parish) for serving as Sub-deacon of the Mass. Also we are grateful to our Servers for assisting at the Mass today and always.

#### NEW INQUIRER'S CLASS

We are planning to start a series of Inquirer's Classes later this month. The course runs for approximately 16 weeks and covers the basics of the Orthodox Faith. If you know of anyone who is interested in Orthodoxy, please spread the word and invite them to come. We will have an organizational meeting on Thursday, February 23<sup>rd</sup> at 7:00pm. At that time we will set the schedule for the rest of the series. We encourage parishioners to attend and support the new people as well as refreshing their knowledge of the Faith.

**Think about it:** It is not our economics which have failed; it is man who has failed—man who has forgotten God. Hence no manner of economics or political readjustment can possibly save our civilization; we can be saved only by renovation of the inner man, only by purging of our hearts and souls; for only by seeking first the Kingdom of God and His Justice will all these other things be added unto us. + Fulton J. Sheen

#### ADULT EDUCATION: Installment 2

Anne Emmons will do her second Presentation on Saturday, February 25 at 2:00pm. It is entitled: LIVING THE TRINITY. Anne says: "I am inspired by the writings of Metropolitan Kallistos on the Trinity. '...the doctrine of the Trinity ought to have an effect upon our daily lives that is nothing less than revo-

lutionary.' We'll look more closely at the icon of the Holy Trinity and its meaning through tradition, reflections and sayings of St. Isaac and others."

#### PALMS FROM LAST YEAR

Please return your blessed palms from last Palm Sunday so that they may be burned to make the ashes for Ash Wednesday this year.

**LENT IS LESS THAN A MONTH AWAY.** It is time to begin clearing your calendars and your minds for the spiritual exercises of the Great Lenten Season. As usual, we will have Mass every Wednesday and Saturday as well as Stations of the Cross on the Lenten Fridays. Begin to plan for the ascetic disciplines of fast and abstinence which are a part of the Lenten course. As is our custom, we will follow the more strict Eastern discipline of fasting on Sunday mornings for Coffee Hour so no meat or dairy at the Sunday morning Coffee Hour.

**From the Ladies of St. Augustine's:** Looking ahead to Easter this year...why not do a little bit at a time to clean and prepare? Last year was a bit overwhelming, though it all got done and was lovely, indeed. It would be wonderful to avoid last minute heavy labor the day before, if possible. There are ten weeks till Easter; it's a good amount of time to work on this project.

One suggestion: if you have any time to clean during the week, let Father know to arrange to get in the church. Perhaps an hour or so on Saturday or Wednesday before or after Mass, or another time that you are available.

I posted A CALENDAR FOR COFFEE HOUR through April. How about if we use one of the columns on the calendar to sign up for cleaning so we know what is being done? Marian and I are working on a list of tasks to be done and that will be posted. Please check the list and see how you can help.

Again, if anyone is interested in planning a retreat together, let's talk. I have some ideas I'd like to discuss with anyone interested.

**Wisdom from the Church Fathers:** It is possible for those who have come back again after repentance to shine with much lustre, and oftentimes more than those who have never fallen at all, I have demonstrated from the divine writings. Thus at least both the publicans and the harlots inherit the kingdom of Heaven, thus many of the last are placed before the first. **St. John Chrysostom** (+407)

## Saint Augustine Antiochian Orthodox Christian Church

55 West Third Avenue  
Denver, Colorado 80223

Website: <http://www.staugustinedenver.org>  
Right Reverend Monsignor John A. Mangels, Pastor  
[ajammn@aol.com](mailto:ajammn@aol.com)

Church Phone - 303-698-2433

Pastor's Phone - 303-832-3657

## THIS WEEK AT SAINT AUGUSTINE'S

Monday, February 6	<i>St. Photius, BC</i>	
Tuesday, February 7	<i>St. Romuald, Ab</i>	
Wednesday, February 8	<i>feria</i>	Mass 7:00pm
Thursday, February 9	<i>St. Cyril of Alexandria, BCD; St Appolonia, VM</i>	
Friday, February 10	<i>St. Scholastica, V</i>	
	<i>abstinence</i>	
Saturday, February 11	<i>St. Gregory II, PM</i>	Mass 10:00am
Sunday, February 12	<i>Septuagesima Sunday</i>	High Mass 10:00am
	<b>CONFessions:</b> <i>The Sacrament of Confession is available after all weekday Services, and anytime by appointment.</i>	