



SEPTUAGESIMA SUNDAY

FEBRUARY 12, 2017

THE emphasis today has ceased to be upon the joys of Christ's coming or upon the peace and wonder of possessing Him and the glories of the Epiphany. Now the stress is upon what it cost Our Lord to atone for the sins of men, on how much everyone needs to participate in the mystery of the Cross.

Every Christian, without exception, must enter into the warfare between Christ and Satan—the warfare that begins to be dramatized and lived anew in these weeks.

PRELUDE	<i>Septuagesime</i>	Dom Paul Benoit
ASPERGES ME	<i>(a weekly reminder of our Baptism)</i>	plainsong
<i>(We KNEEL as the priest quietly begins the Prayers at the Foot of the Altar, pg. 8)</i>		
INTROIT (KNEEL)	<i>Circumdederunt</i>	Ps. 17:5,6,7
KYRIE (KNEEL)	<i>Missa Marialis</i>	plainsong
COLLECTS (STAND)		
THE EPISTLE (SIT)		I Cor. 9:24-27; 10:1-5
<i>All the baptized remain forever Christ's members, with full responsibility either to suffer with Him or to forfeit their eternal reward. St. Paul distrusted his own virtue. Most of the Israelites who were led out of Egypt did not reach Palestine.</i>		
GRADUAL (SIT)		Ps. 9:10-11, 19-20
TRACT (SIT)		Ps. 129:1-4
THE HOLY GOSPEL (STAND)		Matt. 20:1-16
<i>The householder is God. The vineyard is our vocation in life. All are called to do God's work as Christians and apostles. We do not deserve the calling, the reward, or any grace. All is the gift of God.</i>		
SERMON (SIT)		Monsignor John Mangels
NICENE CREED (STAND)		plainsong
OFFERTORY VERSE (STAND)		Ps. 91:2
OFFERTORY (SIT)	<i>Sub Tuum Præsidium</i>	Alexandre Guilmant
WE fly to thy patronage, O holy Mother of God; despise not our petitions in our necessities, but deliver us always from all dangers, O glorious and blessed Virgin. Amen.		
"PRAY BRETHERN"		Missal pg. 21
SECRET COLLECTS		

SURSUM CORDA (pg. 22) & PREFACE OF THE TRINITY (STAND, pg.23)
 SANCTUS & BENEDICTUS (KNEEL)
 THE CANON OF THE MASS (KNEEL)
 THE LORD'S PRAYER (STAND)
 AGNUS DEI (KNEEL)
 PRAYER BEFORE COMMUNION
 COMMUNION VERSE

plainsong
 Missal pg.35
 Missal pg. 44
 plainsong
 Missal pg 50a
 Ps. 30:17-18

Following the reception of Holy Communion, it is proper to return to your pew, kneel, and make your **Thanksgiving after Communion** (Missal, pg. 51 or St. Ambrose Prayer Book, pg. 177). If you have not received Holy Communion, you should make a **"Spiritual Communion"** (St. Ambrose Prayer Book, pg. 187). This is far more spiritually beneficial and preferable to "people-watching."

MOTET	<i>Ego sum panis vivus</i>	Ettore Pozzoli
I am the living bread which came down from heaven: if any man eat of this bread, he shall live for ever.		
POSTCOMMUNION COLLECT (STAND)		
DISMISSAL AND BLESSING (KNEEL)		
LAST GOSPEL (STAND)		John 1: 1-14
HYMN	<i>Ora Labora</i>	Hymnal No. 576
POSTLUDE	<i>Prelude and Fugue in A minor</i>	J. S. Bach



ANNOUNCEMENTS

WELCOME to all our guests and visitors. There are Service books in the pews for your use. While Holy Communion may **be received only by prepared Orthodox Christians**, our non-Orthodox guests are welcome to come forward at Communion for a blessing and the *pain benit*—blessed bread. Please fill out one of the "visitor cards" found in the pew racks and take a moment to sign our guest book in the Narthex! Please join us for Coffee Hour in the Parish Hall (*downstairs*).

Orthodox Christians **must be prepared** for Holy Communion through Sacramental Confession, fasting, prayer, and being at peace with others. A prepared person must have been to Confession recently (*frequency established by his Pastor*), have abstained from food and drink from Midnight and have attended Mass regularly. Please seek and give forgiveness before receiving Communion.

THOSE WHO NEED OUR PRAYERS

Please pray for: Father James Forseo, John Palucha, Joan Garver, Mike Conley & family, Marian Davis, Anya Whittier, Adel Mikhail, Keith and Sandy Boggs, Tammy Hurtado, Margaret Dudley, Claire Emmons, Stan Wallace, Traudel Schroad Gunter, Sarah Jerome, John May, Larry Stokes, Ria Furr, Monica Enright, Jackie Huttenhoff, Paul Schroeder, Cece Scott, Charles Raines, Megan Hines, Margaret Lyman, Lily Calderon, Phyllis Roberts, Sue Stanko, Robert Phillips, the suffering Christians in Syria and the Middle East, Maria Palucha, Margie Palucha, Metropolitan Boulos of Aleppo, Metropolitan Mar Gregorios Yohanna Ibrahim of Aleppo, Kh. Angelina Keiser, Nate Redman, Aaron Rendoff, Vanessa Taylor, Jim Sanders.

THE SANCTUARY LAMPS burn in honor of and for the health and welfare of Zoe Wolff (4th birthday on February 17). A gift from Patty Rendoff.

PALMS FROM LAST YEAR: Please return your blessed palms from last Palm Sunday so that they may be burned to make the ashes for Ash Wednesday this year.

THE PRE-LENT SEASON: Western and Eastern Tradition

In our Gregorian Western Rite Orthodox usage, a PRE-LENTEN SEASON lasts from Septuagesima Sunday until the eve of Ash Wednesday. The form includes this special period of 17 days and refers to it as the season of Septuagesima (roughly seventy days before Easter). The liturgy of the period is characterized by violet vestments (except on feasts), the omission of the "Gloria" and "Alleluia," and a more penitential mood. Fasting does not commence until the beginning of Lent on Ash Wednesday. In the Western Orthodox Tradition, there is a **distinction** between fasting and abstinence. Fasting has to do with the quantity of food we eat; abstinence has to do with what kind of foods we eat. Every day of Lent save Sunday is a fast day.

In the Eastern Orthodox Church which follows the Byzantine Rite, THE PRE-LENTEN SEASON lasts three weeks, beginning on the "Sunday of the Publican and the Pharisee" and continuing through the Sunday of Forgiveness (the day before the beginning of Great Lent). Since the liturgical day begins at sunset, and Great Lent begins on a Monday, the point at which Great Lent begins is at Vespers on the night of the "Sunday of Forgiveness," with a "Ceremony of Mutual Forgiveness". Thus begins the first day of the Great Fast, which is known as Clean or Pure Monday. The weeks of pre-Lent and Great Lent are anticipatory by nature; they begin on Monday and end on Sunday, each week being named for the theme of the upcoming Sunday. The hymns used during the Pre-Lenten and Lenten seasons are taken from a book called the *Triodion*.

"IF YOU FAIL TO PLAN; YOU PLAN TO FAIL!"

It is imperative for us **to plan for Lent**. Especially in a time when we are **so busy** with many, many things and responsibilities {*For what shall it profit a man, if he shall gain the whole world, and lose his own soul?* Mark 8:36}, we must **plan ahead**; meals, time for prayer and spiritual reading **and of course** THE ATTENDANCE OF THE DIVINE SERVICES OF THE CHURCH. To this end, here is a BRIEF SCHEDULE of the Services during LENT 2017 AT ST. AUGUSTINE'S:

Sunday Mass: The *very least* one can do is to attend Mass **EVERY Sunday** in Lent.

Weekday Masses: *every Wednesday at 7:00pm and every Saturday at 10:00am*

Stations of the Cross: *every Friday evening during Lent at 7:00pm*

Via Matris (Devotions to the Sorrowful Mother of God): *Friday, April 7, 7:00pm*

Holy Thursday: April 13, *7:00pm followed by the Great Watch in the Garden until midnight*

Good Friday: April 14, *Solemn Liturgy of the Passion and Death of Our Lord 7:00pm*
Stations of the Cross at noon

Holy Saturday: April 15, *All Parish cleaning day from 9-noon*
The Vigil Liturgy at 7:30pm

Easter Day: April 16, *Solemn Mass of Holy Pascha at 10:00am followed by Annual Easter Dinner*

THANK YOU

We want to thank Mackenzie Talley and Claire LeBorgne who provide the Liturgical Music for Mass this morning.

Think about it: ACEDIA is a vice, a *passion*, from which man *suffers* in the truest sense of the word, as from all passions or diseases of the soul. And, like all passions, it has its secret, invisible roots in self-love (*philautia*), that all-hating passion, which manifests itself in a thousand ways as a state of being stuck in oneself that renders one incapable of love. Its secret driving forces are anger, aggressiveness, and that irrational desire which distorts all creation in a selfish way. *Father Gabriel Bunge*

NEW INQUIRER'S CLASS

We are planning to start a series of Inquirer's Classes later this month. The course runs for approximately 16 weeks and covers the basics of the Orthodox Faith. If you know of anyone who is interested in Orthodoxy, please spread the word and invite them to come. We will have an ORGANIZATIONAL MEETING on Thursday, February 23rd at 7:00pm. At that time we will set the schedule for the rest of the series. We encourage parishioners to attend and support the new people as well as refreshing their knowledge of the Faith.

ADULT EDUCATION: Installment 2

Anne Emmons will do her second Presentation on Saturday, February 25 at 2:00pm. It is entitled: LIVING THE TRINITY. Anne says: "I am inspired by the writings of Metropolitan Kallistos on the Trinity. '...the doctrine of the Trinity ought to have an effect upon our daily lives that is nothing less than revolutionary.' We'll look more closely at the icon of the Holy Trinity and its meaning through tradition, reflections and sayings of St. Isaac and others."

From the Ladies of St. Augustine's: Looking ahead to Easter this year...why not do a little bit at a time to clean and prepare? Last year was a bit overwhelming, though it all got done and was lovely, indeed. It would be wonderful to avoid last minute heavy labor the day before, if possible. There are ten weeks till Easter; it's a good amount of time to work on this project.

One suggestion: if you have any time to clean during the week, let Father know to arrange to get in the church. Perhaps an hour or so on Saturday or Wednesday before or after Mass, or another time that you are available.

I posted A CALENDAR FOR COFFEE HOUR through April. How about if we use one of the columns on the calendar to sign up for cleaning so we know what is being done? Marian and I are working on a list of tasks to be done and that will be posted. **Please check the list** and see how you can help.

SOME UP-COMING EVENTS: MARK YOUR CALENDARS.

- **Ash Wednesday:** Orthodox Christians of the Western Rite begin the Great Lent on **Wednesday, March 1** with Mass and distribution of ashes at 7:00pm.
- **The Sunday of Orthodoxy:** March 5. The Pan-Orthodox Vespers Service will take place at Assumption Greek Orthodox Cathedral at 5:00pm.
- **Stations of the Cross:** Every Friday during Lent at 7:00pm.

The Church Fathers Speak: One who does not have a spiritual father as an advisor will get confused, weary, delayed and find it difficult to reach his destination on the journey of life. The most necessary thing today is for people to find a spiritual guide and establish a rule of prayer and study. Then, if they go to church on a regular basis and receive Holy Communion, they have nothing to fear in this life. *St. Paisios the Athonite* (+1994)



Saint Augustine Antiochian Orthodox Christian Church

55 West Third Avenue

Denver, Colorado 80223

Website: <http://www.staugustinedenver.org>

Right Reverend Monsignor John A. Mangels, *Pastor*

ajammn@aol.com

Church Phone – 303-698-2433

Pastor's Phone – 303-832-3657

THIS WEEK AT SAINT AUGUSTINE'S

Monday, February 13	Pre-Lenten Feria	
Tuesday, February 14	<i>St. Valentine, Pr. M</i>	
Wednesday, February 15	<i>Ss Faustinus Jovita, MM</i>	Mass 7:00pm
Thursday, February 16	Pre-Lenten Feria	
Friday, February 17	Pre-Lenten Feria <i>abstinence</i>	
Saturday, February 18	<i>St. Simeon of Jerusalem, BM</i>	Mass 10:00am
Sunday, February 19	Sexagesima Sunday	High Mass 10:00am

CONFESSIONS: *The Sacrament of Confession is available after all weekday Services, and anytime by appointment.*