



**QUINQUAGESIMA SUNDAY**  
**FEBRUARY 26, 2017**

**E**XCITEMENT and tension are in the prayers and lessons of today's Mass. There is an appreciation of what Christ our leader will endure for mankind's redemption, and a joy at the sure outcome of His warfare with Satan. We are confident that Love will triumph.

Baptism commits everyone to carry a cross, especially the cross of consistent, unobtrusive charity. As Jesus commanded the man of Jericho to be brought to Him, so He commands His members to bring to Him those who need Him as their light and their love. We fulfill our own baptismal promises by helping others to renounce Satan and to put on Christ.

|   |   |                                |
|---|---|--------------------------------|
| PRELUDE   | <i>Quinquagesime</i>                      | Dom Paul Benoit                |
| ASPERGES ME   | <i>(a weekly reminder of our Baptism)</i> | plainsong                      |
| <b>(We KNEEL as the priest quietly begins the Prayers at the Foot of the Altar)</b>   |   |                                |
| INTROIT <b>(KNEEL)</b>  | <i>Esto mihi</i>                          | Ps. 30:3-4                     |
| KYRIE <b>(KNEEL)</b>  | <i>Missa Marialis</i>                     | plainsong                      |
| COLLECTS <b>(STAND)</b>   |   |                                |
| THE EPISTLE <b>(SIT)</b>  |   | I Cor. 13:1-13                 |
| <i>God bestowed certain temporary gifts to quicken the growth of His young Church. To this day, He continues to give the gifts necessary for the spread of the Gospel. But even the extraordinary gifts that God bestows are nothing compared to the charity that is everyone's duty.</i>   |   |                                |
| GRADUAL <b>(SIT)</b>  |   | Ps. 76: 15, 16                 |
| TRACT <b>(SIT)</b>  |   | Ps. 99:1-2                     |
| THE HOLY GOSPEL <b>(STAND)</b>  |   | Luke 18:31-43                  |
| <i>"The blind man from birth of whom the Gospel speaks" says St. Gregory in today's Matins, "is most certainly the human race. Since its expulsion from paradise in the person of our first parents, it has known nothing of the inspirations of supernatural light." It is Jesus Christ, who by the merits of His Passion, must open its eyes as He did for the blind man.</i> |   |                                |
| SERMON <b>(SIT)</b>   |   | Rt. Rev. Msgr. John A. Mangels |
| NICENE CREED <b>(STAND)</b>   |   | plainsong                      |
| OFFERTORY VERSE   |   | Ps. 118:12-13                  |
| HYMN <b>(STAND)</b>   | <i>Bishopthorpe</i>                       | Hymnal No. 360 (1)             |
| SURSUM CORDA (pg. 22) & PREFACE OF THE TRINITY <b>(STAND, pg.23)</b>  |   |                                |

SANCTUS & BENEDICTUS **(KNEEL)**  
THE CANON OF THE MASS **(KNEEL)**  
THE LORD'S PRAYER **(STAND)**  
AGNUS DEI **(KNEEL)**  
PRAYER BEFORE COMMUNION  
COMMUNION VERSE

plainsong  
Missal pg. 35  
Missal pg. 44  
plainsong  
Missal pg. 50a  
Ps. 77:29, 30

Following the reception of Holy Communion, it is proper to return to your pew, kneel, and make your **Thanksgiving after Communion** (*Missal, pg. 51 or St. Ambrose Prayer Book, pg. 177*). If you have not received Holy Communion, you should make a **"Spiritual Communion"** (*St. Ambrose Prayer Book, pg. 187*). This is far more spiritually beneficial and preferable to "people-watching."

|                                       |                             |                |
|---------------------------------------|-----------------------------|----------------|
| MOTET                                 | <i>Jesu, dulcis memoria</i> | Chant          |
| POSTCOMMUNION COLLECTS <b>(STAND)</b> |                             |                |
| DISMISSAL & BLESSING <b>(KNEEL)</b>   |                             |                |
| LAST GOSPEL <b>(STAND)</b>            |                             | John 1:1-14    |
| HYMN                                  | <i>Moseley</i>              | Hymnal No. 457 |
| POSTLUDE                              | <i>Toccata in E minor</i>   | J. Pachelbel   |

## ANNOUNCEMENTS

**W**ELCOME to all our guests and visitors. There are Service books in the pews for your use. While Holy Communion may **be received only by prepared Orthodox Christians**, our non-Orthodox guests are welcome to come forward at Communion for a blessing and the *pain benit*—blessed bread. Please fill out one of the "visitor cards" found in the pew racks and take a moment to sign our guest book in the Narthex! Please join us for Coffee Hour in the Parish Hall (*downstairs*).

Orthodox Christians **must be prepared** for Holy Communion through Sacramental Confession, fasting, prayer, and being at peace with others. A prepared person must have been to Confession recently (*frequency established by his Pastor*), have abstained from food and drink from Midnight and have attended Mass regularly. Please seek and give forgiveness before receiving Communion.

### THOSE WHO NEED OUR PRAYERS

Please pray for: Father James Forseo, John Palucha, Joan Garver, Mike Conley & family, Marian Davis, Anya Whittier, Adel Mikhail, Keith and Sandy Boggs, Tammy Hurtado, Margaret Dudley, Claire Emmons, Stan Wallace, Traudel Schroad Gunter, Sarah Jerome, John May, Larry Stokes, Ria Furr, Monica Enright, Jackie Huttenhoff, Paul Schroeder, Cece Scott, Charles Raines, Megan Hines, Margaret Lyman, Lily Calderon, Phyllis Roberts, Sue Stanko, Robert Phillips, the suffering Christians in Syria and the Middle East, Maria Palucha, Margie Palucha, Metropolitan Boulos of Aleppo, Metropolitan Mar Gregorios Yohanna Ibrahim of Aleppo, Kh. Angelina Keiser, Nate Redman, Aaron Rendoff, Vanessa Taylor, Jim Sanders.

### TIME TO TRIM THE PRAYER LIST

**EVERYONE!** Please look through the prayer list and let's remove those who are no longer in need of special prayers. If people have sufficiently recovered, have died, or are no longer in need of **urgent prayer** we should remove them. If the list is too long it discourages people from daily prayer for those in real need.

THE SANCTUARY LAMPS are offered this week for all of those who celebrated birthdays and anniversaries this month and in thanksgiving for the Jerome family. A gift from Patty Rendoff.

**FAREWELL AND GODSPEED!** One of the saddest things in the life of a parish is when people leave and we have to say good-bye. For the past several years we have been blessed to have Eric, Joy and Serena Jerome as members of our community. This week they are leaving for Florida. We wish them all of the best in their new endeavors and ask God's richest blessing upon them. You will be most sorely missed!

**THANKS TO ANNE EMMONS** who gave us a beautiful presentation on the Icon of the Holy Trinity. It was a lovely, contemplative presentation that was very spiritually edifying. We will be announcing the next class very soon! We hope more of our parishioners will attend.

#### LENTEN FASTING FOR WESTERN RITE ORTHODOX

A few years ago, our Bishop John directed that we follow a more strict Fast in the Western Rite Parishes giving leave to pastors to apply the Fast to the faithful in their charge. Strictly speaking, all the days of Lent, save Sundays, are days of FAST & ABSTINENCE. That means only one full meal per day and two small collations (snacks) not equaling a full meal. It has been the practice for many years in our parish to Fast everyday during Lent and then to add on Wednesdays and Fridays the **added the discipline** of ABSTINENCE, which means no meat or meat products are to be eaten on those days. Dairy fast is not required of Western Orthodox people and all Sundays are fast and abstinence free. We should endeavor to follow the Church's guidelines throughout Lent and not "make up our own 'rules'." It is customary to receive a blessing from your Pastor for variants.

**INQUIRER'S CLASS** We had our first class on Thursday. It was decided that classes should take place on **Tuesday evenings at 7:00pm.**

#### COFFEE HOURS DURING LENT

As has been our custom for many years, during Lent we will follow the strict Eastern Rite Fasting practices on Sundays for Coffee Hour. This is in deference to our guests who are from the Byzantine Rite and follow those disciplines. Simplicity is what we strive after.

#### HOLY LENT BEGINS THIS WEDNESDAY: MARCH 1<sup>ST</sup>

Be **purposeful** about the following ascetical disciplines:

- 1) increased prayer and corporate worship; make plans for intensified personal prayer and attending Lenten Masses and other services;
- 2) fasting according to Church guidelines; don't make up your own fasting rules; seek advice from your priest about how to grow in this discipline;
- 3) budget to give alms which means setting aside money for the poor [FFHP\*];
- 4) confess your sins daily in prayer, make amends with others and sacramental confession with the priest;
- 5) reduce distractions with less television and internet; avoid parties and social gatherings;
- 6) learn and grow by participating in lectures, seminars and retreats. These are some of the main pillars of the Lenten experience. If you have any questions, please contact Father John. If you find that Lent "puts you out a bit", **that is a good thing!** Each week, in addition to Sunday Mass we offer Mass on Wednesday evenings at 7:00pm and Saturday mornings at 10:00am. Stations of the Cross are held every Friday during Lent at 7:00pm. Don't pass up these opportunities of Lenten Worship, Devotion & Spiritual Growth.

#### FRIDAY LENTEN SUPPERS: before Stations of the Cross

In the past, we have had a light supper on Friday evenings in Lent before STATIONS OF THE CROSS to make it easier for people to attend. Is this something that we want to do this year? If you are interested

and would like to host a simple Lenten Supper on one of the Fridays of Lent, please put your name on the sign-up sheet in the Parish Hall.

**Wisdom from the Church Fathers:** A person should never make great leaps and bounds in the spiritual life. He should always move towards God progressively; little by little, but consistently. It is always the middle way that is the royal path. **St. Sergei of Vanves** (+1987)

#### ANNUAL FOOD FOR HUNGRY PEOPLE (FFHP)

In the spiritual tradition of the Church, it is the teaching that what one saves through fasting and abstinence during the Lenten Season should not be kept for other times, but should be given away to those who are less fortunate. We have our **Lenten Offering Boxes** available. Please take one home with you and contribute every day during Lent and bring it back on the Sunday after Easter.

- For when one has pity on the poor, he lends to God; and he who gives to the least gives to God—sacrifices spiritually to God an odour of a sweet smell. **St. Cyprian of Carthage**

**Think About It:** Reading the Scriptures is a great safeguard against sin. Ignorance of the Scriptures is a precipice and a deep abyss. **St. Epiphanius of Cyprus** (+403)

#### SOME UPCOMING EVENTS: MARK YOUR CALENDARS.

- **Ash Wednesday:** Orthodox Christians of the WESTERN RITE begin the Great Lent on **Wednesday, March 1** with Mass and blessing and distribution of ashes at 7:00pm.
- **The Sunday of Orthodoxy:** March 5. The Pan-Orthodox Vespers Service will take place at Assumption Greek Orthodox Cathedral at 5:00pm.
- **Stations of the Cross:** Every Friday during Lent at 7:00pm.

**The Church Fathers:** Repress the feelings of irritation in your soul with love, deaden the powers of the senses with temperance, and let the power of thought soar with prayer. Then, the light in your soul will never dim. **St. Maximus the Confessor** (+662)

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### THIS WEEK AT SAINT AUGUSTINE'S

|                           |   |                              |
|---------------------------|---|------------------------------|
| Monday, February 27       | St. Raphael of Brooklyn, B.C.                                     |                              |
| Tuesday, February 28      | Pre-Lenten Feria (Shrove Tuesday)                                 |                              |
|                           | Inquirer's Class # 2: "God the foundation of Reality"             | 7:00pm                       |
| <b>Wednesday, March 1</b> | <b>ASH WEDNESDAY</b>  | <b>Mass 7:00pm</b>           |
|                           | <i>fast and abstinence</i>  |                              |
| Thursday, March 2         | <i>St. Chad of Lichfield, B.C.</i>                                |                              |
|                           | <i>fast</i>   |                              |
| Friday, March 3           | Friday after Ash Wednesday  | Stations of the Cross 7:00pm |
|                           | <i>fast and abstinence</i>  |                              |
| Saturday, March 4         | Saturday after Ash Wednesday                                      | Mass 10:00am                 |
|                           | <i>fast</i>   |                              |
| Sunday, March 5           | The First Sunday in Lent  | High Mass 10:00am            |
|                           | Sunday of Orthodox Vespers at Assumption Greek Orthodox Cathedral | 5:00pm                       |

**CONFESSIONS:** *The Sacrament of Confession is available after all weekday Services, and anytime by appointment.*