



## SEPTUAGESIMA SUNDAY

FEBRUARY 4, 2018

**T**HE emphasis today has ceased to be upon the joys of Christ's coming or upon the peace and wonder of possessing Him and the glories of the Epiphany. Now the stress is upon what it cost Our Lord to atone for the sins of men, on how much everyone needs to participate in the mystery of the Cross.

Every Christian, without exception, must enter into the warfare between Christ and Satan—the warfare that begins to be dramatized and lived anew in these weeks.

PRELUDE	<i>Septuagesime</i>	Dom Paul Benoit
ASPERGES ME	<i>(a weekly reminder of our Baptism)</i>	plainsong
	<i>(We KNEEL as the priest quietly begins the Prayers at the Foot of the Altar, pg. 8)</i>	
INTROIT (KNEEL)	<i>Circumdedderunt</i>	Ps. 17:5,6,7
KYRIE (KNEEL)	<i>Missa Marialis</i>	plainsong
COLLECTS (STAND)		
THE EPISTLE (SIT)		I Cor. 9:24-27; 10:1-5
	<i>All the baptized remain forever Christ's members, with full responsibility either to suffer with Him or to forfeit their eternal reward. St. Paul distrusted his own virtue. Most of the Israelites who were led out of Egypt did not reach Palestine.</i>	
GRADUAL (SIT)		Ps. 9:10-11, 19-20
TRACT (SIT)		Ps. 129:1-4
THE HOLY GOSPEL (STAND)		Matt. 20:1-16
	<i>The householder is God. The vineyard is our vocation in life. All are called to do God's work as Christians and apostles. We do not deserve the calling, the reward, or any grace. All is the gift of God.</i>	
SERMON (SIT)		Monsignor John Mangels
NICENE CREED (STAND)		plainsong
OFFERTORY VERSE (STAND)		Ps. 91:2
HYMN (STAND)	<i>Rushford</i>	Hymnal No. 560 (1)
"PRAY BRETHERN"		Missal pg. 21
SECRET COLLECTS		
SURSUM CORDA (pg. 22) & PREFACE OF THE TRINITY (STAND, pg.23)		
SANCTUS & BENEDICTUS (KNEEL)		plainsong

THE CANON OF THE MASS (KNEEL)  
 THE LORD'S PRAYER (STAND)  
 AGNUS DEI (KNEEL)  
 PRAYER BEFORE COMMUNION  
 COMMUNION VERSE

Missal pg.35  
 Missal pg. 44  
 plainsong  
 Missal pg 50a  
 Ps. 30:17-18

Following the reception of Holy Communion, it is proper to return to your pew, kneel, and make your **Thanksgiving after Communion** (*Missal, pg. 51 or St. Ambrose Prayer Book, pg. 177*). If you have not received Holy Communion, you should make a **"Spiritual Communion"** (*St. Ambrose Prayer Book, pg. 187*). This is far more spiritually beneficial and preferable to "people-watching."

MOTET	<i>Adoro Te Devote</i>	Gregorian Chant
POSTCOMMUNION COLLECT (STAND)		
DISMISSAL AND BLESSING (KNEEL)		
LAST GOSPEL (STAND)		John 1: 1-14
HYMN	<i>Ora Labora</i>	Hymnal No. 576
POSTLUDE	<i>Prelude and Fugue in D minor</i>	J. S. Bach



## ANNOUNCEMENTS

**W**ELCOME to all our guests and visitors. There are Service books in the pews for your use. While Holy Communion may **be received only by prepared Orthodox Christians**, our non-Orthodox guests are welcome to come forward at Communion for a blessing and the *pain benit*—blessed bread. Please fill out one of the "visitor cards" found in the pew racks and take a moment to sign our guest book in the Narthex! Please join us for Coffee Hour in the Parish Hall (*downstairs*).

Orthodox Christians **must be prepared** for Holy Communion through Sacramental Confession, fasting, prayer, and being at peace with others. A prepared person must have been to Confession recently (*frequency established by his Pastor*), have abstained from food and drink from Midnight and have attended Mass regularly. Please seek and give forgiveness before receiving Communion.

### THOSE WHO NEED OUR PRAYERS

Please pray for: Gerald Near, Andrew Appel, June Huang, Nancy Douglas Gale, Erin Lefke, Charles Rubey, Marta Lewis, Brian Glass, Ruth Sanchez, Robert Jostmeyer, Phyllis Roberts, the suffering Christians in Syria and the Middle East, Metropolitan Boulos of Aleppo, Metropolitan Mar Gregorios Yohanna Ibrahim of Aleppo, Jim Sanders.

**THE SANCTUARY LAMPS** burn in honor of and for the health and welfare of Frank Slechta (birthday – February 2), Elijah Valdez (birthday – February 2), Maria Palucha (birthday – February 4). A gift from Patty Rendoff.

**PALMS FROM LAST YEAR:** Please return your blessed palms from last Palm Sunday so that they may be burned to make the ashes for Ash Wednesday this year.

### THE PRE-LENT SEASON: Western and Eastern Tradition

In our Gregorian Western Rite Orthodox usage, a PRE-LENTEN SEASON lasts from Septuagesima Sunday until the eve of Ash Wednesday. The form includes this special period of 17 days and refers to it as the season of Septuagesima (roughly seventy days before Easter). The liturgy of the period is characterized by violet vestments (except on feasts), the omission of the "Gloria" and "Alleluia," and

a more penitential mood. Fasting does not commence until the beginning of Lent on Ash Wednesday. In the Western Orthodox Tradition, there is a **distinction** between fasting and abstinence. Fasting has to do with the quantity of food we eat; abstinence has to do with what kind of foods we eat. Every day of Lent save Sunday is a fast day.

In the Eastern Orthodox Church which follows the Byzantine Rite, THE PRE-LENTEN SEASON lasts three weeks, beginning on the "Sunday of the Publican and the Pharisee" and continuing through the Sunday of Forgiveness (the day before the beginning of Great Lent). Since the liturgical day begins at sunset, and Great Lent begins on a Monday, the point at which Great Lent begins is at Vespers on the night of the "Sunday of Forgiveness," with a "Ceremony of Mutual Forgiveness". Thus begins the first day of the Great Fast, which is known as Clean or Pure Monday. The weeks of pre-Lent and Great Lent are anticipatory by nature; they begin on Monday and end on Sunday, each week being named for the theme of the upcoming Sunday. The hymns used during the Pre-Lenten and Lenten seasons are taken from a book called the *Triodion*.

#### ROSARY OF OUR LADY

We will be instituting a weekly communal recitation of the Rosary on **Wednesday evenings before Mass**. The Rosary will begin at 6:30pm. It is highly recommended that people pray the Rosary giving honor to Our Lady and meditating on the Mysteries of our Redemption. Rupert Applegate will lead the Rosary and others who would like to take turns leading the Rosary are welcome.

#### MONASTERY VISIT

The visit of our Metropolitan Joseph to the Monastery last week was very successful! His Eminence spent the day with the Monastic Community, listening and learning. He elevated Prior Theodore to the rank and dignity of Abbot and set the date for his ordination to the Holy Priesthood. He will be ordained at the Western Rite Conference in Ft. Worth, TX in August.

#### KING SOOPERS CARDS

Debbie has 6 King Soopers cards. They are preloaded for \$25 and you can reload up to \$500. If the card is not used in a 90-day period, it is closed. Don't forget this painless and cost-free way to help St. Augustine for purchases you would make anyway. We mentioned at the annual meeting that our revenue from the Cards is down. Perhaps you could get a card and start using it.

**Think About It:** It is better to err by excess of mercy than by excess of severity...Do you will to become a Saint? Be severe to yourself but kind to others. **St. John Chrysostom** (+407)

#### "IF YOU FAIL TO PLAN; YOU PLAN TO FAIL!"

It is imperative for us **to plan for Lent**. Especially in a time when we are **so busy** with many, many things and responsibilities {*For what shall it profit a man, if he shall gain the whole world, and lose his own soul?* Mark 8:36}, we must **plan ahead**; meals, time for prayer and spiritual reading **and of course** THE ATTENDANCE OF THE DIVINE SERVICES OF THE CHURCH. To this end, here is a BRIEF SCHEDULE of the Services during LENT 2018 AT ST. AUGUSTINE'S:

**Sunday Mass:** The *very least* one can do is to attend Mass **EVERY Sunday** in Lent.

**Weekday Masses:** *every Wednesday at 7:00pm and every Saturday at 10:00am*

**Stations of the Cross:** *every Friday evening during Lent at 7:00pm*

**Via Matris** (Devotions to the Sorrowful Mother of God): *Friday, March 30, 7:00pm*

**Holy Thursday:** April 5, *7:00pm followed by the Great Watch in the Garden until midnight*

**Good Friday:** April 6, *Solemn Liturgy of the Passion and Death of Our Lord 7:00pm*  
*Stations of the Cross at noon*

**Holy Saturday:** April 7, *All Parish cleaning day from 9-noon*  
*The Vigil Liturgy at 7:30pm*

**Easter Day:** April 8, *Solemn Mass of Holy Pascha at 10:00am*

**Patristic Wisdom:** The name of Jesus is sweet to utter. It casts out the demons and brings the angels back into the heart, into the mind, and you will bear yourself in meekness before others. **Elder George Calciu of Romania** (+2006)

#### REQUEST FROM DEBBIE BRAUN

Debbie will be gathering letters from anyone who would like to participate for her mother, Judy Jarrett's birthday. (*Judy was a long-time parishioner of St. Augustine's and is now living in Texas.*) Debbie is asking that a personal letter be written to Judy that is "warm and fuzzy" for her mother's birthday on 4/7. The deadline to get the letters to Debbie is 3/23/18 and if you have a picture you would like to share please include that. Debbie plans to create a book of the letters from family and friends. She can be reached at 720-289-2061 or [dbraun66@comcast.net](mailto:dbraun66@comcast.net).

**Wisdom from the Church Fathers:** He who sits in solitude and is quiet has escaped from three wars: hearing, speaking and seeing. Yet, against one thing shall he continually battle: his own heart. **St. Anthony the Great** (+356)

#### SOME UP-COMING EVENTS: MARK YOUR CALENDARS.

- **Ash Wednesday:** Orthodox Christians of the Western Rite begin the Great Lent on **Wednesday, February 21** with Mass and distribution of ashes at 7:00pm.
- **The Sunday of Orthodoxy:** February 25. The Pan-Orthodox Vespers Service will take place at Assumption Greek Orthodox Cathedral at 5:00pm.
- **Stations of the Cross:** Every Friday during Lent at 7:00pm.

**The Church Fathers Speak:** Do not forsake prayer. For just as the body becomes weak when it is deprived of food, so also the soul, when it is deprived of prayer, draws near to weakness and noetic death. **St. Gennadios of Constantinople** (+471)



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### *THIS WEEK AT SAINT AUGUSTINE'S*

Monday, February 5	St. Agatha, VM	
Tuesday, February 6	St. Photius, BC; St. Dorothy, VM	
Wednesday, February 7	St. Romuald, Ab	Low Mass 7:00pm
	<b>Rosary of Our Lady</b>	<b>6:30pm</b>
Thursday, February 8	Pre-Lenten Feria	
Friday, February 9	St. Cyril of Alexandria, BCD	
	<i>abstinence</i>	
Saturday, February 10	St. Scholastica, V	Low Mass 10:00am
Sunday, February 11	Sexagesima Sunday	High Mass 10:00am

**CONFESSIONS:** *The Sacrament of Confession is available after all weekday Services, and anytime by appointment.*

